

Hickory Foundation YMCA

August Indoor Pool Schedule 8/1/26-8/23/26

*schedule subject to change



Contact: Gracie Fulcher | Aquatics Director| gracief@ymcacv.org | Hickory Foundation YMCA | 701 1st Street NW | 828-838-1296

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:00am	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)		Lap Swim (8 Lanes)	<u>CLOSED</u>	<u>CLOSED</u>		
5:30am								Lap Swim (8 Lanes)	
6:00am									
6:30am									
7:00am									
7:30am		Lap Swim (5 Lanes)	Masters Swim (3 Lanes)	Lap Swim (5 Lanes)	Masters Swim (3 Lanes)				
8:00am						Lap Swim (5 Lanes)		NAVY (3 Lanes)	Lap Swim (8 Lanes)
8:30am									
9:00am		Water Exercise (5 Lanes)		Lap Swim (3 Lanes)					
9:30am									
10:00am	Water Exercise (7 Lanes)	Lap (1)	Water Exercise (7 Lanes)		Lap (1)	Water Exercise (5 Lanes)	Lap (3)		
10:30am									
11:00am	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)		
11:30am									
12:00pm									
12:30pm									
1:00pm									
1:30pm									
2:00pm									
2:30pm									
3:00pm									
3:30pm									
4:00pm									
4:30pm									
5:00pm									
5:30pm									
6:00pm									
6:30pm	<u>CLOSED AT 4:30PM</u>	<u>CLOSED AT 4:30PM</u>							
7:00pm									
7:30pm									
8:00pm									
8:30pm			<u>CLOSED AT 8:30PM</u>	<u>CLOSED AT 8:30PM</u>	<u>CLOSED AT 8:30PM</u>	<u>CLOSED AT 8:30PM</u>	<u>CLOSED AT 7:30PM</u>		

*Lap lanes may be utilized for Private Swim Lessons or Training at ANY TIME

*Lane sharing is often required

*Outdoor pool schedule available

YSST Tryouts: 5-6pm August 12th, 15th, & 17th (2-3 lanes closed)