

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5-8am	6-Lap		6-Lap		6-Lap		Closed			
8-8:30am	2-Lap	4-SL	2-Lap	4-SL	2-Lap	4-SL	2-Lap			
8:30-9am	6-Deep WF		6-Deep WF		6-Deep WF		6-Deep WF			
9-9:30am	6-Deep WF	2-Open	4-Lap	6-WF	2-Open	4-Lap	6-WF	5-SL	1-Lap	
9:30-10am	6-WF									
10-11am	6-Lap		6-Lap		6-Lap		6-Lap			
11-12pm	4-WF	2-Lap	4-WF	2-Lap	4-WF	2-Lap	6-Lap			
12-1pm	6-Lap		6-Lap		6-Lap		6-Lap			
1-2pm	Pool Closed for Summer Camp		Pool Closed for Summer Camp		Pool Closed for Summer Camp		4-Open	2-Lap	6-Lap	
2-3pm	*2-Open*		*4-Lap*		*2-Open*					*4-Lap*
3-4pm	2-Open	4-Lap	2-Open	4-Lap	2-Open	4-Lap	4-Open	2-Lap		
4-5pm	1-Open	5-ST	1-Open	5-ST	1-Open	5-ST	Number indicates Number of Lanes. This schedule subject to change at any time. Lap Lanes or Open Swim Space may be used for a private lesson or training at any time.			
5-6pm	3-SL	3-ST	5-SL	1-Lap	3-SL	3-ST	5-SL	1-Lap	2-Open	3-ST
6-7pm	3-SL	3-WF Deep/3 Open Shallow	3-SL	3-WF Deep/3 Open Shallow	3-SL	3-WF Deep/3 Open Shallow	3-SL	3-WF Deep/3 Open Shallow	3-Lap	3-WF Deep/3 Open Shallow
7-8:30pm	3-Open	3-Lap	3-Open	3-Lap	3-Open	3-Lap	3-Open	3-Lap	*If it is Raining on Tuesday/Thursday the pool and splash pad will be closed 1pm to 3pm for Summer Camp Use*	



Adrian L. Shuford Jr. YMCA Summer Pool Schedule

Updated 6/22/26

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool	5am - 1:00pm 3pm-8:30pm	5am- 8:30pm*	5am - 1:00pm 3pm-8:30pm	5am- 8:30pm*	5am - 1:00pm 3pm-7:30pm	8:am-4:30pm	1pm-4:30pm
Splash Pad	11am - 1:00pm 3pm-8:15pm	11am- 8:15pm*	11am - 1:00pm 3pm-8:15pm	11am- 8:15pm*	11am - 1:00pm 3pm-7:15pm	10am-4:15pm	1pm-4:15pm