



SWIM LESSONS

There's no place like the YMCA! Kids learn to swim with confidence, build skills and self-esteem, and grow in a safe, supportive, and fun community.

ADRIAN L SHUFORD JR YMCA

<p>SPRING 3 TUESDAYS/THURSDAYS</p> <p>MAY 12- JUNE 4</p>	<p>Summer Saturdays</p> <p>June 6th-August 8 (no class July 4th)</p>	<p>SUMMER MONDAY-THURSDAY</p> <p>SUMMER 1 JUNE 8-JUNE 18 SUMMER 2 JUNE 22-JULY 2 SUMMER 3 JULY 13-JULY 23 SUMMER 4 JULY 27-AUGUST 6</p>
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<p>Tuesday & Thursday (twice a week for 4 weeks)</p>	<p>Saturday (once a week for 8 weeks)</p>	<p>Summer Monday-Thursday (4 times a week for 2 weeks)</p>
	<p><u>Parent-Child</u> 6 months-3yrs old</p> <p>9:00-9:30 9:40-10:10</p>	
<p><u>Preschool</u> 3-5yrs old</p> <p>Level 1 Water Acclimation Level 2 Water Movement Level 3 Water Stamina 5:00-5:30</p>	<p><u>Preschool</u> 3-5yrs old</p> <p>Level 1 Water Acclimation 9:00-9:30 Level 2 Water Movement 9:40-10:10 Level 3 Water Stamina 10:20-10:50</p>	<p><u>Preschool</u> 3-5yrs old</p> <p>Level 1 Water Acclimation Level 2 Water Movement Level 3 Water Stamina 8:20-8:50am 5:00-5:30pm</p>
<p><u>School Age</u> 6-12 yrs old</p> <p>Level 1 Water Acclimation Level 2 Water Movement Level 3 Water Stamina 5:45-6:15</p>	<p><u>School Age</u> 6-12 yrs old</p> <p>Level 1 Water Acclimation 10:20-10:50 Level 2 Water Movement 11:00-11:30 Level 3 Water Stamina 11:00-11:30</p>	<p><u>School Age</u> 6-12 yrs old</p> <p>Level 1 Water Acclimation Level 2 Water Movement Level 3 Water Stamina 9:00-9:30am 5:45-6:15pm</p>
<p><u>School Age</u> 6-12 yrs old</p> <p>Level 4 Stroke Introduction Level 5 Stroke Introduction Level 6 Stroke Mechanics 6:30-7:00</p>	<p><u>School Age</u> 6-12 yrs old</p> <p>Level 4 Stroke Introduction Level 5 Stroke Introduction Level 6 Stroke Mechanics 11:40-12:10</p>	<p><u>School Age</u> 6-12 yrs old</p> <p>Level 4 Stroke Introduction Level 5 Stroke Introduction Level 6 Stroke Mechanics 6:30-7:00</p>

**DISCOVER
MORE**



Adrian L. Shuford Jr YMCA

2026 Spring/Summer SWIM LESSON CALENDAR

SESSION	CLASS DATES	REGISTRATION DATES	MEMBER RATE	PROGRAM PARTICIPANT RATE
Spring 3 Tuesdays & Thursday	May 12 – June 4	April 15–May 12	\$95	\$150
Summer Saturdays (once a week for 8 weeks)	June 6 – August 1 (No Class July 4th)	May 1 – June 6	\$95	\$150
Summer 1 Monday – Thursday (4 times a week for 2 weeks)	June 8 – June 18	May 1 – June 8	\$95	\$150
Summer 2 Monday–Thursday (4 times a week for 2 weeks)	June 22 – July 2	May 1–June 22	\$95	\$150
Summer 3 Monday–Thursday (4 times a week for 2 weeks)	July 13 – July 23	May 1 – July 13	\$95	\$150
Summer 4 Monday–Thursday (4 times a week for 2 weeks)	July 27 – August 6	May 1 – July 27	\$95	\$150
		NO CLASSES in August. Fall Lesson registration opens August 1 st		

PLEASE EMAIL SARAHB@YMCACV.ORG FOR MORE INFORMATION