



SWIM LESSONS

There's no place like the YMCA! Kids learn to swim with confidence, build skills and self-esteem, and grow in a safe, supportive, and fun community.

SALLY'S YMCA

SUMMER WEEKDAYS

SUMMER 1 JUNE 1-JUNE 11
SUMMER 2 JUNE 15-JUNE 25
SUMMER 3 JULY 6 - JULY 16
SUMMER 4 JULY 20 - JULY 30
SUMMER 5 AUG 3 - AUG 13
(AFTERNOONS ONLY)

SUMMER SATURDAYS

JUNE 6TH-AUGUST 8
(NO CLASS JULY 4TH)

<u>Summer</u> Monday-Thursday (4 times a week for 2 weeks)	<u>Saturday Mornings</u>
	<u>Parent-Child</u> 6 months-3yrs old Water Discovery & Exploration 10:15-10:45
<u>Preschool</u> 3-5yrs old Level 1 Water Acclimation Level 2 Water Movement Level 3 Water Stamina 9:50am-10:20am 4:00pm-4:30	<u>Preschool</u> 3-5yrs old Level 1 Water Acclimation Level 2 Water Movement Level 3 Water Stamina 10:15-10:45
<u>School Age</u> 6-12 yrs old Level 1 Water Acclimation Level 2 Water Movement Level 3 Water Stamina 9:00am-9:40am 4:40pm-5:20pm	<u>School Age</u> 6-12 yrs old Level 1 Water Acclimation Level 2 Water Movement Level 3 Water Stamina 11:00pm-11:40pm
	<u>School Age</u> 6-12 yrs old Level 4 Stroke Introduction Level 5 Stroke Introduction Level 6 Stroke Mechanics 11:45-12:15

DISCOVER MORE



Sally's YMCA

2026 Summer Swim Lesson Schedule

SESSION	CLASS DATES	REGISTRATION DATES	MEMBER RATE	PROGRAM PARTICIPANT RATE
Summer Saturdays (once a week for 8 weeks)	June 6 - August 1 (No Class July 4th)	May 1 - June 5	\$118	\$165
Summer 1 Monday - Thursday (2 times a week for 2 weeks)	June 1- June 11	May 1 - May 31	\$118	\$165
Summer 2 Monday-Thursday (4 times a week for 2 weeks)	June 15-June 25	May 1-June 14	\$118	\$165
Summer 3 Monday-Thursday (4 times a week for 2 weeks)	July 6-July 16	May 1 - July 5	\$118	\$165
Summer 4 Monday-Thursday (4 times a week for 2 weeks)	July 20 - July 30	May 1 - July 19	\$118	\$165
Summer 5 Monday - Thursday (4 times a week for 2 weeks) <u>Afternoons Only</u>	August 3-August 13	May 1 - August 2	\$118	\$165

PRIVATE LESSONS AVAILABLE:

3 LESSONS \$145 MEMBER/\$205 NONMEMBER

5 LESSONS \$100 MEMBER/\$160 NON MEMBER

PLEASE EMAIL SALLYSAQUATICS@YMCACV.ORG FOR MORE INFORMATION