

Hickory Foundation YMCA

May Indoor Pool Schedule 5/10/26-5/31/26

*schedule subject to change *a lap lane may be utilized for private lessons at any time



Contact: Gracie Fulcher | Aquatics Director | gracief@ymcav.org | Hickory Foundation YMCA | 701 1st Street NW | 828-838-1296

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:00am	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	CLOSED		
5:30am									
6:00am									
6:30am	Lap Swim (8 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (3 Lanes)	Lap Swim (8 Lanes)			
7:00am									
7:30am									
8:00am									
8:30am									
9:00am	Water Exercise (7 Lanes)	Lap (1)	Water Ex. (5 Lanes)	Lap Swim (3 Lanes)	NAVY (3 Lanes)	Lap Swim (8 Lanes)			
9:30am									
10:00am	Water Exercise (7 Lanes)	Lap (1)	Water Exercise (7 Lanes)	Lap (1)	Water Exercise (5 Lanes)	Lap (3)	Water Exercise (7 Lanes)	Lap (1)	
10:30am									
11:00am	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	CLOSED		
11:30am									
12:00pm									
12:30pm									
1:00pm	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)		Lap Swim (6 Lanes)	Open Swim (2 Lanes)
1:30pm									
2:00pm	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)		Lap Swim (5 Lanes)	Open Swim (3 Lanes)
2:30pm									
3:00pm	Lap Swim (4 Lanes)	YSST (4 Lanes)	Lap Swim (4 Lanes)	YSST (4 Lanes)	Lap Swim (4 Lanes)	YSST (4 Lanes)		Lap Swim (4 Lanes)	YSST (4 Lanes)
3:30pm									
4:00pm	YSST (8 Lanes)	YSST (8 Lanes)	YSST (8 Lanes)	YSST (8 Lanes)	YSST (8 Lanes)	YSST (8 Lanes)	CLOSED AT 4:30PM		
4:30pm									
5:00pm									
5:30pm									
6:00pm									
6:30pm									
7:00pm	Lap Swim (8 Lanes)	Open Swim (1)	Lap Swim (7 Lanes)	Open Swim (1)	Lap Swim (7 Lanes)	Open Swim (1)		CLOSED AT 4:30PM	
7:30pm									
8:00pm									
8:30pm	CLOSED AT 8:30PM		CLOSED AT 8:30PM		CLOSED AT 8:30PM			CLOSED AT 8:30PM	

*Outdoor Pool Schedule Available (Open May 23rd)

*Lane sharing is often required