

Hickory Foundation YMCA

May Indoor Pool Schedule 5/1/26-5/10/26

*schedule subject to change *a lap lane may be utilized for private swim lessons at any time



Contact: Gracie Fulcher | Aquatics Director | gracief@ymcacv.org | Hickory Foundation YMCA | 701 1st Street NW | 828-838-1296

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
5:00am	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	CLOSED					
5:30am												
6:00am	Lap Swim (8 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Masters Swim (8 Lanes)						
6:30am												
7:00am												
7:30am												
8:00am												
8:30am	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (5 Lanes)	NAVY (3 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (2 Lanes)	YSST (6 Lanes)				
9:00am												
9:30am	Water Exercise (7 Lanes)	Lap (1)	Water Ex. (5 Lanes)	Lap Swim (3 Lanes)	Water Exercise (7 Lanes)	Lap (1)	Water Exercise (5 Lanes)	Lap (3)	Water Exercise (7 Lanes)	Lap (1)		
10:00am												
10:30am	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (4 Lanes)	Swim Lessons (4 Lanes)					
11:00am												
11:30am												
12:00pm												
12:30pm												
1:00pm	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)				
1:30pm												
2:00pm	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (5 Lanes)	Open Swim (3 Lanes)	Lap Swim (5 Lanes)	Open Swim (3 Lanes)			
2:30pm												
3:00pm	Lap Swim (4 Lanes)	YSST (4 Lanes)	Lap Swim (4 Lanes)	YSST (4 Lanes)	Lap Swim (4 Lanes)	YSST (4 Lanes)	Lap Swim (4 Lanes)	YSST (4 Lanes)				
3:30pm												
4:00pm	YSST (8 Lanes)	YSST (8 Lanes)	YSST (8 Lanes)	YSST (8 Lanes)	YSST (8 Lanes)	YSST (8 Lanes)						
4:30pm												
5:00pm												
5:30pm							Swim Lessons (4 Lanes)	YSST (4)	YSST (8 Lanes)	Swim Lessons (4 Lanes)	YSST (4)	YSST (8 Lanes)
6:00pm												
6:30pm	YSST (2)	Water Ex. (2)	YSST (8 Lanes)	YSST (2)	Water Ex. (2)	YSST (8 Lanes)						
6:30pm												
7:00pm	Lap Swim (8 Lanes)	Swim Lessons (4)	Lap Swim (4 Lanes)	Open Swim (1)	Lap Swim (7 Lanes)	Swim Lessons (4)	Lap Swim (4 Lanes)	OS (1)	Lap Swim (7 Lanes)			
7:30pm												
8:00pm												
8:30pm	CLOSED AT 8:30PM	CLOSED AT 8:30PM	CLOSED AT 8:30PM	CLOSED AT 8:30PM	CLOSED AT 8:30PM	CLOSED AT 8:30PM	CLOSED AT 8:30PM					

YSST Swim Meet May 2nd

New pool schedule May 10th