



# POOL SCHEDULE | April 2026

Locker Rooms will be closed 9:50-10am & 10:50-11am for SAW students

Aquatics Director—Lori Stroup | [loris@ymcacr.org](mailto:loris@ymcacr.org) | 828 838 1890

**SUNDAY  
(CLOSED)**

**MONDAY  
(8:00AM—7:30PM)**

**TUESDAY  
(8:00AM—7:30PM)**

**WEDNESDAY  
(8:00AM—7:30PM)**

**THURSDAY  
(8:00AM—7:30PM)**

**FRIDAY  
(8:00AM—7:30PM)**

**SATURDAY  
(8:00AM—3:30PM)**

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	WATER FITNESS 8:00AM—8:45AM	WATER FITNESS 9:30am-10:15am		WATER FITNESS 9:30am-10:15am	WATER FITNESS 8:00AM—8:45AM	OPEN SWIM 8:00AM—9:00AM (ALL ZONES)
	SAW Program 9-11am 20-23 27-30	SAW Program 9am-11am 20-23 27-30	SAW program 9am-11am 20-23 27-30	SAW Program 9am-11am 20-23 27-30		Water Fitness 9:00-10:00
					Open Swim 8:45am-7:30pm	SWIM LESSONS 10am-11:30am
	OPEN SWIM 9:00AM—7:30PM (OPEN ZONES—VARY)	OPEN SWIM 10:00AM—1:00PM (OPEN ZONES—VARY)	OPEN SWIM 8:00AM—1:00PM (OPEN ZONES—VARY)			
	Special Olympics 6-7pm 2 lanes	Arthritis Class 1-1:45pm	Live Strong Water Class 1-2pm	OPEN SWIM 10:00AM—1:00PM (ALL ZONES)	Special Olympics 5-7pm 2 lanes	
						OPEN SWIM 11:30AM—2:30PM (ALL ZONES)
		SWIM LESSONS 5:00PM-6:30PM  SWIM TEAM	Family Fun Night 6-7:30pm	SWIM LESSONS 5:00PM-6:30PM  SWIM TEAM		