

## PRIVATE SWIM LESSONS

**Step 1: Complete the Registration form and return to the front desk.**

**Step 2: You will be contacted within 7 business days to schedule your lessons with the instructor.**

**Step 3: Pay for the lessons at the front desk.**

**Step 4: Start Swimming!!**

If you have an instructor in mind, please list them on your registration, and we will do our best to accommodate your request.

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IF YOU ARE UNABLE TO ATTEND YOUR SCHEDULED LESSON, PLEASE CANCEL IN ADVANCE OR IT WILL BE COUNTED AS ONE OF YOUR LESSONS.

Private Swim Lessons are designed to help those who need the little extra attention that one-on-one instruction provides. These classes are generally faster paced due to the specialized attention that each participant receives.

We also believe that training one's Spirit, Mind, and Body is just as important as the information we provide for the participants in our classes.

The YMCA Aquatics team is dedicated to providing quality programming that helps build character and provides the knowledge necessary to be safe in and around the water.

If you have any questions please contact :

**Sarah Gilbert**  
Swim Lesson Coordinator  
[sarahgi@ymcacv.org](mailto:sarahgi@ymcacv.org)  
828-426-6130

**Sarah Bai**  
Aquatics Director  
[sarahb@ymcacv.org](mailto:sarahb@ymcacv.org)



## BECOME UNSINKABLE

Private Swim Lessons for All Ages



**Private 30 Minute Lesson**

**3 Lessons**

**Members: \$100**

**Non-Members: \$160**

**5 Lessons**

**Members: \$145**

**Non-Members: \$205**

**Semi-Private 30 Minute Lesson**

**(Max 3 students)**

**3 Lessons**

**Member: \$80**

**Non-Member: \$140**

**5 Lessons**

**Member: \$125**

**Non-Member: \$185**

**Pricing is listed per student for private and semi-private lessons.**

**Swimmer's Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Are you a YMCA member:**  Yes  No

**Parent(s) or Guardian(s) Name: (if under 18)** \_\_\_\_\_

**Swimmer's Level**

**(Circle one)**

**Beginner**

**Intermediate**

**Advanced**

**Type of Lessons:**

**(Circle one)**

**Private or Semi Private**

**3 Lessons or 5 Lessons**

**Preferred Day/Time** \_\_\_\_\_ **Preferred Instructor** \_\_\_\_\_

**WAIVER OF LIABILITY**

I fully assume and understand the risks of myself or my child participating in the swim lesson program including death or injury due to falls, collisions with other participants or spectators, obstructions, sudden illness, and all other risks. I attest that I or my child is physically fit to participate. I authorize program staff to provide medical attention at my expense should I or my child sustain any injuries, including death. I agree to save and hold harmless the YMCA of Catawba Valley, volunteers, program staff, suppliers, contractors, and anyone else connected with the organization of this program from any claim or lawsuit that may be brought at any time by me, my family, estate, heirs, or assigns arising from myself or my child's participation in this program or the instruction received.

**Signature (Parent/Guardian if under 18):** \_\_\_\_\_