

## Winter Pool Schedule 2/1/26 - 2/8/26



the **YMCA**®  
FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		
5:00am	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	<b><u>CLOSED</u></b>		<b><u>CLOSED</u></b>		
5:30am															
6:00am															
6:30am															
7:00am	Lap Swim (8 Lanes)		Lap Swim (8 Lanes)	Lap Swim (5 Lanes)	NAVY (3 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Masters Swim (8 Lanes)		Lap Swim (2 Lanes)	YSST (6 Lanes)				
7:30am															
8:00am															
8:30am															
9:00am															
9:30am	Water Exercise (7 Lanes)		Lap (1)	Water Ex. (5 Lanes)	Lap Swim (3 Lanes)	Water Exercise (7 Lanes)	Lap (1)	Water Exercise (5 Lanes)	Lap (3)	Water Exercise (7 Lanes)	Lap (1)	Lap Swim (4 Lanes)			
10:00am															
10:30am	Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (5 Lanes)		Open Swim (3 Lanes)		
11:00am															
11:30am															
12:00pm															
12:30pm															
1:00pm	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (5 Lanes)	Open Swim (3 Lanes)	Swim Lessons (4 Lanes)	Lap Swim (2 Lanes)	Open Swim (2 Lanes)
1:30pm															
2:00pm															
2:30pm															
3:00pm	Lap Swim (4 Lanes)	HS Swim (4 Lanes)	Lap Swim (4 Lanes)	HS Swim (4 Lanes)	Lap (2)	YSST (4 Lanes)	HS (2)	YSST (4 Lanes)	HS Swim (4 Lanes)	Lap (2)	YSST (4 Lanes)	HS (2)	Lap Swim (5 Lanes)	Open Swim (3 Lanes)	
3:30pm	YSST (4 Lanes)		YSST (4 Lanes)												Lap (2)
4:00pm	YSST (8 Lanes)		YSST (8 Lanes)		YSST (8 Lanes)		YSST (8 Lanes)		YSST (8 Lanes)		Lap Swim (5 Lanes)	Open Swim (3 Lanes)			
4:30pm															
5:00pm															
5:30pm															
6:00pm															
6:30pm															
7:00pm	Lap Swim (2 Lanes)	HS Swim (6 Lanes)	Swim Lessons (4 Lanes)	HS Swim (4 Lanes)	Open Swim (1)	Lap (3)	HS Swim (4 Lanes)	Swim Lessons (4)	HS Swim (4 Lanes)	OS (1)	Lap Swim (7 Lanes)	<b><u>CLOSED AT 4:30PM</u></b>	<b><u>CLOSED AT 4:30PM</u></b>		
7:30pm															
8:00pm	Lap Swim (8 Lanes)		OS (1)	Lap Swim (7)		Lap Swim (7)		Lap Swim (7)		<b><u>CLOSED AT 7:30PM</u></b>					
8:30pm	<b><u>CLOSED AT 8:30PM</u></b>		<b><u>CLOSED AT 8:30PM</u></b>		<b><u>CLOSED AT 8:30PM</u></b>		<b><u>CLOSED AT 8:30PM</u></b>								