

Hickory Foundation YMCA

Winter Pool Schedule 2/1/26 - 2/8/26

*schedule subject to change *a lap lane may be utilized for private swim lessons at any time



Contact: Gracie Fulcher | Aquatics Director | gracief@ymcacy.org | Hickory Foundation YMCA | 701 1st Street NW | 828-838-1296

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday						
5:00am	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	CLOSED		CLOSED						
5:30am											Masters Swim (8 Lanes)								
6:00am																			
6:30am																			
7:00am																			
7:30am																			
8:00am																			
8:30am																			
9:00am																			
9:30am																			
10:00am	Water Exercise (7 Lanes)	Lap (1)	Water Ex. (5 Lanes)	Lap Swim (3 Lanes)	Water Exercise (7 Lanes)	Lap (1)	Water Exercise (5 Lanes)	Lap (3)	Water Exercise (7 Lanes)	Lap (1)	Swim Lessons (4 Lanes)	Swim Lessons (4 Lanes)	Swim Lessons (4 Lanes)	Open Swim (2 Lanes)					
10:30am																			
11:00am			Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (4 Lanes)	Lap Swim (4 Lanes)							
11:30am																			
12:00pm																			
12:30pm																			
1:00pm	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (5 Lanes)	Open Swim (3 Lanes)	Swim Lessons (4 Lanes)	Swim Lessons (4 Lanes)	Open Swim (2 Lanes)				
1:30pm																			
2:00pm																			
2:30pm																			
3:00pm	Lap Swim (4 Lanes)	HS Swim (4 Lanes)	Lap Swim (4 Lanes)	HS Swim (4 Lanes)	Lap (2)	YSST (4 Lanes)	HS (2)	Lap Swim (4 Lanes)	HS Swim (4 Lanes)	Lap (2)	YSST (4 Lanes)	YSST (6 Lanes)	Lap Swim (6 Lanes)						
3:30pm	YSST (4 Lanes)																		
4:00pm		YSST (8 Lanes)		YSST (8 Lanes)		YSST (8 Lanes)		YSST (8 Lanes)		YSST (8 Lanes)		CLOSED AT 4:30PM							
4:30pm																			
5:00pm																			
5:30pm																			
6:00pm																			
6:30pm																			
7:00pm	Lap Swim (2 Lanes)	HS Swim (6 Lanes)	Swim Lessons (4 Lanes)		HS Swim (4 Lanes)		Open Swim (1)	Lap (3)	HS Swim (4 Lanes)	Swim Lessons (4)	HS Swim (4 Lanes)	OS (1)	Lap Swim (7 Lanes)						
7:30pm													CLOSED AT 7:30PM						
8:00pm	Lap Swim (8 Lanes)		OS (1)	Lap Swim (7)		Lap Swim (7)		Lap Swim (7)		CLOSED AT 8:30PM									
8:30pm	CLOSED AT 8:30PM		CLOSED AT 8:30PM		CLOSED AT 8:30PM		CLOSED AT 8:30PM		CLOSED AT 8:30PM										