

Hickory Foundation YMCA

Winter Pool Schedule 1/15/26 - 2/1/26

*schedule subject to change *a lap lane may be utilized for private swim lessons at any time

Contact: Gracie Fulcher | Aquatics Director| gracief@ymcav.org | Hickory Foundation YMCA | 701 1st Street NW | 828-838-1296



	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday							
5:00am																				
5:30am	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	CLOSED																	
6:00am																				
6:30am																				
7:00am																				
7:30am																				
8:00am	Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (5 Lanes)	NAVY (3 Lanes)	Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Masters Swim (8 Lanes)									
8:30am																				
9:00am																				
9:30am																				
10:00am	Water Exercise (7 Lanes)	Lap (1)	Water Exercise (5 Lanes)	Lap (3)	Water Exercise (7 Lanes)	Lap (1)	Water Exercise (5 Lanes)	Lap (3)	Water Exercise (7 Lanes)	Lap (1)	Lap Swim (2 Lanes)	YSST (6 Lanes)								
10:30am																				
11:00am																				
11:30am	Lap Swim (8 Lanes)		Lap Swim (4 Lanes)	Lessons (4 Lanes)																
12:00pm																				
12:30pm																				
1:00pm																				
1:30pm	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (5 Lanes)	Open Swim (3 Lanes)	Lap Swim (5 Lanes)	Open Swim (3 Lanes)						
2:00pm																				
2:30pm																				
3:00pm	Lap Swim (4 Lanes)	HS Swim (4 Lanes)	Lap Swim (4 Lanes)	HS Swim (4 Lanes)	HS Swim (2 Lanes)	Lap Swim (4 Lanes)	HS Swim (4 Lanes)	HS Swim (2 Lanes)	HS Swim (4 Lanes)	HS Swim (2 Lanes)										
3:30pm	YSST (4 Lanes)	YSST (4 Lanes)			Lap (2)	YSST (4 Lanes)	HS (2)	YSST (4 Lanes)		Lap (2)	YSST (4 Lanes)	HS (2)								
4:00pm																				
4:30pm																				
5:00pm																				
5:30pm	YSST (8 Lanes)		CLOSED AT 4:30PM		CLOSED AT 4:30PM															
6:00pm			Lap Swim (6)				YSST (8 Lanes)													
6:30pm			Lap (2)	HS (4)	Water Ex. (2)															
7:00pm	Lap Swim (2 Lanes)	HS Swim (6 Lanes)	Open Swim (1)	Lap Swim (7 Lanes)		Open Swim (1)	Lap (3)	HS Swim (4 Lanes)	Swim Lessons (4)	HS Swim (4 Lanes)	OS (1)	Lap Swim (7 Lanes)								
7:30pm																				
8:00pm	Lap Swim (8 Lanes)		Open Swim (1)				Lap Swim (7)		Lap Swim (7)		CLOSED AT 7:30PM									
8:30pm	CLOSED AT 8:30PM																			

High School Swim Meets: Tuesday, January 20th 3:30-8:00pm & Tuesday, January 27th 4:30-8:00pm

The entire pool is closed during swim meets. The hot tub and sauna will remain open for members/guests during these swim meets.