

# Hickory Foundation YMCA

## Winter Pool Schedule 1/15/26 - 2/1/26

\*schedule subject to change \*a lap lane may be utilized for private swim lessons at any time



Contact: Gracie Fulcher | Aquatics Director | [gracief@ymcav.org](mailto:gracief@ymcav.org) | Hickory Foundation YMCA | 701 1st Street NW | 828-838-1296

	Monday		Tuesday		Wednesday			Thursday		Friday		Saturday		Sunday		
5:00am	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	<b><u>CLOSED</u></b>		<b><u>CLOSED</u></b>			
5:30am																
6:00am																
6:30am																
7:00am	Lap Swim (8 Lanes)		Lap Swim (8 Lanes)	Lap Swim (5 Lanes)	NAVY (3 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)	Masters Swim (8 Lanes)							
7:30am																
8:00am																
8:30am																
9:00am																
9:30am	Water Exercise (7 Lanes)	Lap (1)	Water Ex. (5 Lanes)	Lap Swim (3 Lanes)	Water Exercise (7 Lanes)	Lap (1)	Water Exercise (5 Lanes)	Lap (3)	Water Exercise (7 Lanes)	Lap (1)	Lap Swim (2 Lanes)	YSST (6 Lanes)				
10:00am																
10:30am																
11:00am	Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (4 Lanes)	Lessons (4 Lanes)				
11:30am																
12:00pm																
12:30pm																
1:00pm	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (6 Lanes)	Open Swim (2 Lanes)	Lap Swim (5 Lanes)	Open Swim (3 Lanes)	Lap Swim (5 Lanes)	Open Swim (3 Lanes)		
1:30pm																
2:00pm																
2:30pm																
3:00pm	Lap Swim (4 Lanes)	HS Swim (4 Lanes)	Lap Swim (4 Lanes)	HS Swim (4 Lanes)	Lap (2)	YSST (4 Lanes)	HS (2)	YSST (4 Lanes)	Lap (2)	YSST (4 Lanes)	HS (2)					
3:30pm	YSST (4 Lanes)		YSST (4 Lanes)													
4:00pm	YSST (8 Lanes)		YSST (8 Lanes)		YSST (8 Lanes)		YSST (8 Lanes)		YSST (8 Lanes)		<b><u>CLOSED AT 4:30PM</u></b>		<b><u>CLOSED AT 4:30PM</u></b>			
4:30pm																
5:00pm																
5:30pm																
6:00pm																
6:30pm			Lap (2)	HS (4)	Water Ex. (2)			Swim Lessons (3 Lanes)	HS Swim (1)	YSST (2)					Water Ex. (2)	
7:00pm	Lap Swim (2 Lanes)	HS Swim (6 Lanes)	Open Swim (1)	Lap (3)		HS Swim (4 Lanes)	Swim Lessons (4)	HS Swim (4 Lanes)								
7:30pm	Lap Swim (8 Lanes)				Open Swim (1)				Lap Swim (7)						Lap Swim (7)	
8:00pm	<b><u>CLOSED AT 8:30PM</u></b>		<b><u>CLOSED AT 8:30PM</u></b>			<b><u>CLOSED AT 8:30PM</u></b>		<b><u>CLOSED AT 8:30PM</u></b>								

High School Swim Meets: Tuesday, January 20th 3:30-8:00pm & Tuesday, January 27th 4:30-8:00pm

The entire pool is closed during swim meets. The hot tub and sauna will remain open for members/guests during these swim meets.