

Hickory Foundation YMCA

Winter Pool Schedule 1/1/26 - 1/15/26

*schedule subject to change *a lap lane may be utilized for private swim lessons at any time



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Contact: Gracie Fulcher | Aquatics Director| gracief@ymcacv.org | Hickory Foundation YMCA | 701 1st Street NW | 828-838-1296

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
5:00am	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	<u>CLOSED</u>		<u>CLOSED</u>			
5:30am											Masters Swim (8 Lanes)					
6:00am																
6:30am																
7:00am	Lap Swim (8 Lanes)		Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (5 Lanes)	NAVY (3 Lanes)	Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (2 Lanes)	YSST (6 Lanes)				
7:30am			Lap Swim (8 Lanes)				Lap Swim (8 Lanes)		Lap Swim (8 Lanes)							
8:00am																
8:30am																
9:00am	Water Ex. (5 Lanes)		Lap Swim (3 Lanes)		Water Ex. (7 Lanes)	Lap Swim (1 Lane)	Water Ex. (7 Lanes)	Lap Swim (1 Lane)	Water Ex. (7 Lanes)	Lap Swim (1 Lane)						
9:30am					Water Ex. (7 Lanes)		Water Ex. (7 Lanes)									
10:00am	Water Ex. (7 Lanes)	Lap Swim (1 Lane)														
10:30am	Lap Swim (8 Lanes)		Lap Swim (6 Lanes)	Lessons (2 Lanes)												
11:00am																
11:30am																
12:00pm																
12:30pm	Lap Swim (6 Lanes)															
1:00pm			Lap Swim (6 Lanes)													
1:30pm			Open Swim (2 Lanes)													
2:00pm																
2:30pm	Lap Swim (4 Lanes)		HS Swim (4 Lanes)		HS Swim (4 Lanes)		HS Swim (2 Lanes)		Lap Swim (4 Lanes)		HS Swim (2 Lanes)					
3:00pm			HS Swim (4 Lanes)		HS Swim (4 Lanes)		Lap (2)		YSST (4 Lanes)		HS Swim (4 Lanes)					
3:30pm			YSST (4 Lanes)		YSST (4 Lanes)		Lap (2)		YSST (4 Lanes)		Lap (2)					
4:00pm	YSST (8 Lanes)		YSST (8 Lanes)													
4:30pm			Lap (6)				HS Swim (2)		Lap (4)		HS Swim (1)		YSST (3)			
5:00pm			Lap (2)				Water Ex. (2)		Lap (2)		YSST (3)		Water Ex. (2)			
5:30pm																
6:00pm	Lap Swim (2 Lanes)		HS Swim (6 Lanes)		Open Swim (1)		Lap (3)		HS Swim (4 Lanes)		Lap (3)		HS Swim (4 Lanes)			
6:30pm			Lap Swim (7 Lanes)				Lap (3)		Lap (3)		Lap (3)		Lap (3)			
7:00pm			Lap Swim (7 Lanes)				HS Swim (4 Lanes)		HS Swim (4 Lanes)		HS Swim (4 Lanes)		Lap Swim (7 Lanes)			
7:30pm			Lap Swim (8 Lanes)				Open Swim (1)		Lap (7)		Lap (7)		<u>CLOSED AT 7:30PM</u>			
8:00pm	Lap Swim (8 Lanes)		Open Swim (1)		Lap (7)		Lap (7)		Lap (7)		<u>CLOSED AT 7:30PM</u>					
8:30pm	<u>CLOSED AT 8:30PM</u>															
	<u>CLOSED AT 4:30PM</u>		<u>CLOSED AT 4:30PM</u>		<u>CLOSED AT 4:30PM</u>		<u>CLOSED AT 4:30PM</u>		<u>CLOSED AT 4:30PM</u>		<u>CLOSED AT 4:30PM</u>					