

Hickory Foundation YMCA

Winter Pool Schedule 1/1/26 - 1/15/26

*schedule subject to change *a lap lane may be utilized for private swim lessons at any time



Contact: Gracie Fulcher | Aquatics Director | gracief@ymcav.org | Hickory Foundation YMCA | 701 1st Street NW | 828-838-1296

	Monday		Tuesday		Wednesday			Thursday			Friday		Saturday		Sunday	
5:00am	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	Lap Swim (3 Lanes)	Masters Swim (5 Lanes)	CLOSED		CLOSED			
5:30am																
6:00am																
6:30am											Masters Swim (8 Lanes)					
7:00am	Lap Swim (8 Lanes)		Lap Swim (5 Lanes)	NAVY (3 Lanes)	Lap Swim (8 Lanes)		Lap Swim (8 Lanes)	Lap Swim (2 Lanes)	YSST (6 Lanes)							
7:30am																
8:00am																
8:30am																
9:00am			Water Ex. (5 Lanes)							Lap Swim (3 Lanes)	Water Ex. (7 Lanes)				Lap Swim (1 Lane)	Water Ex. (7 Lanes)
9:30am																
10:00am	Lap Swim (8 Lanes)				Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (8 Lanes)				Lap Swim (8 Lanes)			
10:30am																
11:00am																
11:30am																
12:00pm	Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (8 Lanes)		Lap Swim (5 Lanes)	Open Swim (3 Lanes)	Lap Swim (5 Lanes)	Open Swim (3 Lanes)		
12:30pm																
1:00pm															Lap Swim (6 Lanes)	Open Swim (2 Lanes)
1:30pm																
2:00pm																
2:30pm	Lap Swim (4 Lanes)	HS Swim (4 Lanes)	Lap Swim (4 Lanes)	HS Swim (4 Lanes)	Lap (2)	YSST (4 Lanes)	HS (2)	Lap Swim (4 Lanes)	HS Swim (4 Lanes)	Lap Swim (6 Lanes)	HS Swim (2 Lanes)	Lap (2)	YSST (4 Lanes)	HS (2)		
3:00pm																
3:30pm	YSST (8 Lanes)		YSST (8 Lanes)		YSST (8 Lanes)		YSST (8 Lanes)		YSST (8 Lanes)		CLOSED AT 4:30PM		CLOSED AT 4:30PM			
4:00pm																
4:30pm																
5:00pm																
5:30pm															Lap (6)	HS Swim (2)
6:00pm															Lap (2)	HS (2)
6:30pm	Lap Swim (2 Lanes)	HS Swim (6 Lanes)	Open Swim (1)	Lap (3)	HS Swim (4 Lanes)	Open Swim (1)	Lap (3)	HS Swim (4 Lanes)	OS (1)	Lap Swim (7 Lanes)						
7:00pm																
7:30pm	Lap Swim (8 Lanes)		Open Swim (1)		Lap Swim (7)		Lap Swim (7)		CLOSED AT 7:30PM							
8:00pm																
8:30pm	CLOSED AT 8:30PM		CLOSED AT 8:30PM		CLOSED AT 8:30PM		CLOSED AT 8:30PM									