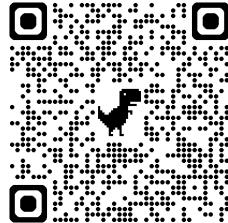


Register Online Here!



YMCA Lifeguard Class Registration Instructions

Create a Y Exchange account if you do not have one already and then register for your chosen class.

All E-Learning must be completed in order to register for YMCA Lifeguard classes.

Sarah Bai | Aquatics Director | Sarahb@ymcacv.org Adrian L. Shuford Jr. YMCA

Adrian L. Shuford Jr. YMCA | 1104 Conover Blvd. East, Conover, NC 28613

Red Cross Lifeguard Class Registration

Be on the look out for an email from the Red Cross Learning Center for the online E-Training Modules.

Gracie Fulcher | Aquatics Director | Gracief@ymcacv.org | (828) 838-1296

Hickory Foundation YMCA | 701 1st St NW, Hickory, NC 28601

Lori Stroup | Aquatics Director | Loris@ymcacv.org | (828) 838-1891

Lincoln County YMCA | 1402 Gaston St, Lincolnton, NC 28092

2026 Winter/Spring Lifeguard Classes

Registration Deadline	Class Week	Times*	Location	Training Organization
January 15th	January 22nd - January 25th	Thursday 4-9pm Friday 4-9pm Saturday 8am-4pm Sunday 12-6pm	Hickory Foundation YMCA	Red Cross
March 23rd	March 28th	Saturday 9am-5pm	Hickory Foundation YMCA	Red Cross
April 1st	April 6th - April 10th	Times TBD	Adrian L. Shuford Jr. YMCA	YMCA V7
April 12nd	April 7th - April 9th	Tuesday-Thursday 9am-5pm	Hickory Foundation YMCA	Red Cross
May 9th	May 14th - May 17th	Thursday 4-9pm Friday 4-9pm Saturday 8am-4pm Sunday 12-6pm	Hickory Foundation YMCA	Red Cross

*Times are subject to change