



# Adrian L. Shuford Jr. YMCA

## Pool Schedule December 22nd-January

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:00a-6:00a	6-Lap	6-Lap	6-Lap	6-Lap	6-Lap	Closed	Closed			
6:00a-7:00a										
7:00a-8:00a										
8:00a-8:30a	1-Lap	1-Lap	1-Lap	1-Lap	1-Lap	6-Lap				
8:30a-9:00a	6-WF	6-WF		6-WF		2-Lap		4-Open		
9:00a- 9:30a		6-WF		6-WF						
9:30a-10:00a										
10:00a-11:00a										
11:00a-12:00p	6-Lap	6-Lap	6-Lap		6-Lap					
12:00p-1:00p	2-WF		2-Open 4-Lap	2-WF	6-Lap			2-WF	2-Open 4-Lap	
1:00p-1:30p	2-Open 4-Lap	2-Open 4-Lap		2-Open 4-Lap	2-Open 4-Lap	6-Lap				
1:30p-2:00p						2-Lap 4-Open				
2:00p-3:00p										
3:00p-3:30p										
3:30p-4:00p										
4:00p-4:30p						3-WF		3-Open		
4:30p-5:00p						Closed	Closed			
5:00p-6:00p										
6:00p-7:00p										
7:00p-7:30p	4-Open	2-Lap	4-Open	2-Lap	4-Open	2-LAP	4-Open	2-Lap	4-Open	2-Lap
7:30p-8:30p										

**\*\*This schedule is subject to change\*\***

Legend:			
Lap	Lap Lanes	WF	Water Fitness
SL	Swim Lesson	Open	Open Swim
ST	Swim Team	DC	Day Care

<b>Monday - Thursday 5:00am-8:30pm</b>
<b>Friday 5:00am-7:30pm</b>
<b>Saturday 8:00am to 4:30pm</b>
<b>Sunday 1:00pm-4:30pm</b>