



# Adrian L. Shuford Jr. YMCA

July 5th- August 22nd

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday							
5:00a-6:00a	6-Lap		6-Lap		6-Lap		6-Lap		6-Lap		Closed		Closed							
6:00a-7:00a																				
7:00a-8:00a																				
8:00a-8:30a	1-Lap	3-SL	1-Lap	3-SL	1-Lap	3-SL	1-Lap	3-SL	6-Lap		Closed									
8:30a-9:00a	6-WF		6-WF		6-WF		6-WF													
9:00a- 9:30a	1-Lap		3-Lap		3-Open		1-Lap					3-Lap		3-Open	1-Lap					
9:30a-10:00a	6-WF						6-WF								6-WF					
10:00a-11:00a	6-Lap		6-Lap		6-Lap		6-Lap		6-Lap			2-Lap		4-Open						
11:00a-12:00p	3-WF	3-Lap													3-WF	3-Lap	3-WF	3-Lap		
12:00p-1:00p	4-Lap	2-Open	4-Lap	2-Open	4-Lap	2-Open	4-Lap	2-Open	Summer Camp-- Pool and Splash Pad closed to members				6-Lap							
1:00p-1:30p																				
1:30p-2:00p																				
2:00p-3:00p																				
3:00p-3:30p													2-Lap		4-Open		6-Lap			
3:30p-4:00p																				
4:00p-4:30p																				
4:30p-5:00p																				
5:00p-6:00p	3-ST	3-SL	2-Lap	4-SL	3-ST	3-SL	2-Lap	4-SL	4-ST	2-Lap	Closed		Closed							
6:00p-6:30p	6-WF	6-SL	6-WF	6-SL	6-WF	6-SL	6-WF	6-SL	3-Lap	3-Open										
6:30p-7:00p	2-Lap	4-Open	2-Lap	4-Open	2-Lap	4-Open	2-Lap	4-Open	2-WF						1-Lap					
7:00p-7:30p									Closed											
7:30p-8:30p																				

\*\*This schedule is subject to change\*\*

Legend:			
Lap	Lap Lanes	WF	Water Fitness
SL	Swim Lesson	Open	Open Swim
ST	Swim Team	DC	Day Care

Splash Pad Hours:
Monday-Thursday: 11:00am-1:30pm, 4:00pm-8:15pm
Friday: 11:00am-1:30pm, 4:00pm-7:15pm
Saturday: 8:00am- 4:15pm
Sunday: 1:00pm-4:15pm