



# Adrian L. Shuford Jr. YMCA

May 24th- July 4th

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
5:00a-6:00a	6-Lap		6-Lap		6-Lap		6-Lap		6-Lap		Closed		Closed			
6:00a-7:00a																
7:00a-8:00a																
8:00a-8:30a	1-Lap	3-SL	1-Lap	3-SL	1-Lap	3-SL	1-Lap		6-Lap		Closed					
8:30a-9:00a	6-WF		6-WF		6-WF		6-WF	6-WF								
9:00a- 9:30a	1-Lap		3-Lap		1-Lap		3-Lap	1-Lap								
9:30a-10:00a	6-WF		3-Lap		3-Open		6-WF					3-Lap		3-Open	6-WF	
10:00a-11:00a	6-Lap			6-Lap		6-Lap		6-Lap								
11:00a-12:00p	3-WF	3-Lap	6-Lap		3-WF	3-Lap	6-Lap					3-WF	3-Lap	2-Lap	4-Open	Closed
12:00p-1:00p	4-Lap	2-Open			4-Lap	2-Open			4-Lap	2-Open		4-Lap	2-Open			
1:00p-1:30p	Summer Camp-- Pool and Splash Pad closed to members											6-Lap				
1:30p-2:00p																
2:00p-3:00p																
3:00p-3:30p																
3:30p-4:00p	3-ST	3-SL	2-Lap	4-SL	3-ST	3-SL	2-Lap	4-SL	4-ST	2-Lap	2-Lap	4-Open	3-WF	3-Open		
4:00p-4:30p																
4:30p-5:00p																
5:00p-6:00p																
6:00p-7:00p	6-WF	6-SL	6-WF	6-SL	6-WF	6-SL	6-WF	6-SL	2-Lap	4-Open			Closed		Closed	
7:00p-7:30p	2-Lap	4-Open	2-Lap	4-Open	2-Lap	4-Open	2-Lap	4-Open								
7:30p-8:30p									Closed							

\*\*This schedule is subject to change\*\*

Legend:			
Lap	Lap Lanes	WF	Water Fitness
SL	Swim Lesson	Open	Open Swim
ST	Swim Team	DC	Day Care

## Splash Pad Hours:

Monday-Thursday:

11:00am-1:30pm, 4:00pm-8:15pm

Friday:

11:00am-1:30pm, 4:00pm-7:15pm

Saturday: 8:00am- 4:15pm

Sunday: 1:00pm-4:15pm