



# FIND YOUR AFTER SCHOOL SPOT. FIND YOUR Y.

2024-2025 School-Age Care  
Program Guide

**For a better us.®**

Serving Burke and Lincoln County  
Students, K-12 years of age

[www.ymcacv.org](http://www.ymcacv.org) | 828-578-6992  
YMCA OF CATAWBA VALLEY



# YMCA OF CATAWBA VALLEY

Serving Catawba, Burke, Caldwell, and Lincoln Counties for over 50 years



## BELONG AND BE WELL

The YMCA of Catawba Valley was established in 1969 to strengthen our community through youth development, healthy living and social responsibility. The Y engages over 25,000 men, women and children each year – regardless of age, income or background – to nurture the potential of children and teens, improve the community's health and well-being and to provide opportunities to give back and support neighbors. The Y has the long-standing relationships and physical presence not just to promise, but to deliver, lasting personal and social change. The Y mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Become a member of the Y to receive program discounts, free group exercise classes, and access to more than 2,700 YMCAs across the country all with the peace of mind of not being under any long-term contract. The YMCA of Catawba Valley offers branch locations in Catawba County, Burke County, and Lincoln County. Each YMCA branch location offers unique amenities. For more information about each branch location, please visit our website, [ymcacv.org](http://ymcacv.org).

# Find Your Y

## Community in 2024!



Scan the QR Code with your  
smartphone to join today!!

### Become a Member Today!

#### Benefits of Membership

- Discounted Program Rates
- Free Group Exercise Classes
- Personal Training
- Childwatch Area
- Family and Community Events
- Health Education and Support

[ymcacv.org/membership](http://ymcacv.org/membership)





# BACK TO SCHOOL WITH THE Y!

Dear Families,

Welcome to the YMCA of Catawba Valley, where we are thrilled to have the opportunity to provide care for your children during out-of-school hours. We understand the importance of finding a safe and enriching environment for your children, and we are honored that you have chosen us to be a part of their growth and development.

At the Y, we are committed to providing a comprehensive and engaging curriculum that fosters holistic development. Our SCALED Learning Curriculum encompasses STEM (Science, Technology, Engineering, and Mathematics), Career-Connected Learning, Arts, Literacy, Education, Diversity & Inclusion. This approach ensures that your child receives a well-rounded educational experience that prepares them for success in school and beyond.

In addition to academic enrichment, we place a strong emphasis on social-emotional development and character development. Our core values of Caring, Respect, Responsibility, Honesty, and Faith are integrated into all aspects of our programs. We believe that by nurturing these values, we can help your child become a compassionate, responsible, and resilient individual.

We are excited to embark on this journey with your family and look forward to providing a nurturing and enriching environment for your child. Thank you for entrusting us with their care.

Sincerely,

Erica Simmons  
YMCA of Catawba Valley



SCALED Learning™ is the YMCA's holistic before and after-school curriculum, designed to challenge children as they progress through each stage of development. This comprehensive approach helps kids grow academically and socially by engaging them in STEM, hands-on arts, literacy, career-connected learning, diversity and global education, social development, and, of course, fun! Our programs extend the school day with active play and curriculum that complements classroom learning, all in a safe and enjoyable environment. Through SCALED Learning™, children explore STEM concepts, delve into career paths, express themselves through art, enhance literacy skills, and become active learners both in and out of the classroom. They also develop a global perspective, learning about diverse cultures and ideas. With SCALED Learning™, children are supported in growing and learning in spirit, mind, and body, guided by experts who understand their needs and interests.



Hello Insight: Elementary SEL is a program designed to make the most of the intense learning and growth experienced by young people ages 8 to 11. It focuses on Social and Emotional Learning (SEL), which helps them develop the essential "soft skills" needed to navigate the world around them. This includes managing themselves, building relationships, and learning from setbacks. Through research-based experiences, the program aims to promote positive youth development, engaging young people authentically, expanding their interests, and fostering bonds with their peers. Unlike other evaluation solutions, Hello Insight values young people's feedback as the most reliable insight into how programs support their development. Therefore, the program asks young participants to assess their own SEL and the program experiences critical to their growth. By providing these experiences, Hello Insight: Elementary SEL helps young people develop the social and emotional skills necessary for thriving.

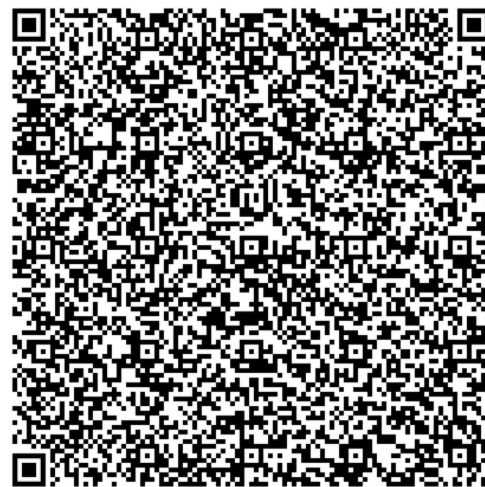
# YMCA SCHOOL AGE PROGRAMS

Serving Students K-12 Years Old

## Registration Information

Registration for our school-age programming is now open! These programs tend to fill up quickly, so we recommend registering early to secure your child's spot. You can complete the registration process online at <https://www.ymcacv.org/programs/youth-development/afterschool-programs>. When registering, please have the following information ready: your student's authorized pick-up and emergency contact details, including names, phone numbers, and addresses. You will also need to provide hospital and doctor preferences, medical information, and your student's school details. For new families, registration will take approximately 30 minutes. Returning families will find that registration is pre-filled but will require updates to your student's information and any changes to authorized pick-ups and emergency contacts.

Scan the QR Code  
with your smartphone and  
**REGISTER NOW!**



## Fun For Everyone

At the Y, we think fun, new friends, positive role models and great times should be available to every child. That's why we provide scholarships to families who need help making School Care programming a reality.

If your family needs a little help to make School Care programming happen, scholarship forms are available online at [www.ymcacv.org](http://www.ymcacv.org) and are kept completely confidential. For more information please contact the Childcare Administrator at [childcare@ymcacv.org](mailto:childcare@ymcacv.org).

Funds are made possible through generous donations to our Annual Giving Campaign. You can help provide School Care programming for families by visiting our website and making a tax-deductible online gift or by submitting a donation at a YMCA near you.

Our Burke County school-age programs have partnered with Burke County United Way to offer a limited number of scholarships for eligible families. These scholarships provide free before, after, and school's out camp days for students. For more information and to see if you qualify, please email [ericas@ymcacv.org](mailto:ericas@ymcacv.org) or [childcare@ymcacv.org](mailto:childcare@ymcacv.org).

## Program Participation & Student Needs

The Y operates all childcare programs within the provisions of all applicable laws, including those that provide protection to individuals with disabilities as well as to providers who care for such individuals. Our Y programs welcome all children to the extent we are reasonably able to do so. A child who requires measures that constitute a fundamental alteration to the program or other undue hardship, or a child who poses a direct threat to the health and safety of others, will not be able to participate in the program. The Y DOES NOT PROVIDE ONE-ON-ONE CARE. All children who are enrolled in the program must be able to function independently in a large group setting termed as staff to child ratio, which is determined at each program by the state licensing consultant. In order to best meet the needs of your child, we ask that you contact the childcare office of the program you wish to enroll your child in, to inform us of ANY and ALL special accommodations that your child may require (i.e. dietary, medical, physical, mental, etc.).

# YMCA SCHOOL AGE PROGRAMS

Serving Students K-12 Years Old

## Ages We Serve

Children ages 5-12 year of age are eligible for before, after, and school's out camps. Children **MUST** have completed their first day of kindergarten in order to attend. This is a state licensing law.

## Why Choose the Y?

At the YMCA, we are more than daycare. Daycare is a common term used to describe childcare services. We prefer to be referred to as an after school program or youth development program. This reflects our focus on providing a comprehensive learning and enrichment experience for children beyond traditional daycare services. Our after school programs offer a safe, nurturing environment where children can learn, grow, and thrive. With a focus on holistic development, we provide enriching activities that complement and enhance what children learn in school. Our dedicated staff members are committed to fostering a sense of community and belonging, making us the best choice for your child's after school care.

## Enrichment Activities

After school, students can enjoy a wide range of engaging activities designed to enhance their experience. These include snack time, homework help, outdoor play, arts and crafts, STEM activities, both group and individual activities, and participation in various clubs.

## Communication

YMCA childcare programs utilize Brightwheel as the primary communication tool for all Y childcare and youth programs. Additionally, we will communicate important updates via email, post notifications in programs, and send home information when necessary. To ensure receipt of these communications, please keep the email and phone number up-to-date in the online account. The provided information will be used to send out notifications and communications effectively

## Meals & Snacks

Meals and snacks are provided through a partnership with Burke County Public Schools on regular operating days for the BCPS programs. All other days and programs will be provided with meals and snacks through the YMCA. **\*\*Some programs may require students to pack lunch on certain school's out camp days.**

## Operating Hours

Our Before and After School Programs operate every day that your child's school is in session. At the end of the school day, depending on the school, students either remain at their school for after school under the care of Y staff or a bus transports them to their appropriate after school location.

Before School operates from 6:00am-7:30am and After School operates from the end of the school day until 6:00pm.

# Before and After School

In our before and after-school programs, parents can expect a safe, engaging, and nurturing environment for their children. Before school, children will have the opportunity to start their day with activities that prepare them for the school day ahead, such as quiet reading, homework completion, or group games to energize them for the day. After school, children can unwind and have fun with a variety of activities, including snack time, homework help, outdoor play, arts and crafts, STEM activities, group and individual activities, and clubs. Our programs aim to complement the school day by offering enriching experiences that promote learning, social development, and overall well-being.

## School's Out Camp

When school is out, the Y is in! Our School's Out Camp program offers a fun-filled day of activities for children when school is not in session. Participants can expect a diverse range of activities designed to keep them engaged and entertained, including arts and crafts, sports, games, outdoor adventures, and exciting field trips. Our experienced staff ensures that each child has a memorable and enriching experience in a safe and supportive environment. Whether it's exploring nature, getting creative with arts projects, or enjoying group games, School's Out Camp promises a day full of adventure and discovery for every child.

YMCA locations and dates are determined by the school calendar and schools we serve. Please be extra cognizant as you sign up for these days and make note of which location you are registering your child to attend.

Registration is separate from before and after school. Locations can fill to capacity so we encourage you to register now for all dates you need; please register no later than three business days before the date of the camp so that we can ensure proper staffing, supplies, food, and a fun-filled schedule.

## Afterschool +

New this year! When registering for the program named "Afterschool+", you are registering your child for before school, after school, and ALL School's Day Out camps during the 2024/2025 school year, for one low rate! This option allows you to use any program throughout the school year. Please note that no refunds or credits will be issued if you choose not to utilize School's Out Camp.

### Weekly Program Rates for Burke County

Rate Plan	Before School Only	After School Only	Before and After School Only	Afterschool+ <small>(Includes Before, After, and All School's Out Camps for one low rate)</small>	School's Out Camps <small>(if registered separately)</small>
Member	\$38	\$60	\$77	\$93	\$45
Non-Member	\$50	\$75	\$90	\$110	\$60

# 2024–2025 Burke County Locations and Offerings

Program Name	Before School	After School	School's Out Camp
Ray Childers Elementary	✓	✓	
Hildebran Elementary *Includes Icard Elementary	✓	✓	✓
George Hildebrand Elementary	✓	✓	
Valdese Elementary	✓	✓	✓
Drexel Elementary	✓	✓	
New Dimensions Charter School	✓	✓	✓
Oak Hill Elementary	✓	✓	✓
WA Young Elementary *Includes Glen Alpine Elementary	✓	✓	✓
Salem Elementary *Includes Mull Elementary	✓	✓	
Mountain View 21st CCLC Program	✓	✓	✓

## Payments, Cancellations, & Registration Reminders

If you register for School's Out Camps and DO NOT choose the Afterschool+ option:

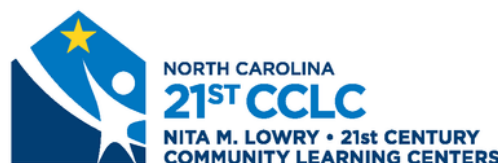
- Registrations must be completed at least 3 days prior to the day of the childcare program to participate.
- We must be notified at least 3 days prior to the start of each session in order to be removed from the program.
- If you register for School's Out Camps separately your payment will be billed the day prior to camp.
- If you register and do not attend, you will still be charged for the cost of childcare and no refunds or credits will be issued for School's Out Childcare.

Payments for Before & After School and Afterschool+ will be charged the Friday prior to each week of care. If you register and do not attend, you will still be charged. To cancel a week's registration, you are required to email Kristy Meiners at [kristym@ymcacv.org](mailto:kristym@ymcacv.org) no later than the Wednesday before the week of service. Any requests received after the Wednesday of the week before service will be charged and are not eligible for refund.

We require a 2 week notice to withdraw from the program. If you need to withdraw from the program you are required to email [Kristym@ymcacv.org](mailto:Kristym@ymcacv.org) and notify us that your child(ren) will no longer attend. The date of the email will start the two week notice. You will be responsible for payment for the two weeks notice.



# Mountain View YMCA 21st CCLC Program



## What is the 21ST Century Program?

The 21st Century Community Learning Center Program is an academic intervention and enrichment program designed to give students extra support with homework, incorporating enrichment activities such as STEM, physical education, art, cooking, and much more! The program is free for all children. There are no fees associated with the Mountain View 21st CCLC program.

## Eligibility

Students who attend Mountain View Elementary, Forest Hill Elementary, Hillcrest Elementary, and Walter Johnson Elementary are eligible for this program.

## Registration

All registration is completed online at <https://www.ymcav.org/programs/youth-development/afterschool-programs>. You will choose Mountain View 21st CCLC Program. All registrants will be automatically placed on a waiting list and will be added to the roster in the order the registrations were received. There are no fees or payments associated with this program.

## Program Requirements

All families are required to attend Open House/Parent Meeting which will be held Friday, August 23rd in the theater at Mountain View Elementary School. Students will not be eligible to attend the program until the family has completed the parent meeting and returned required paperwork. Students are required to be in attendance 4 out of 5 days each school week and are to be in attendance each day until at least 4:30pm. Children who cannot meet these attendance requirements will not be allowed to attend the program.

## School's Out Camps

Families registered for the Mountain View 21st CCLC program will use SignUp Genius to register for School's Out Camps. Families should only sign up for days that students will attend. Please see the 21st CCLC Program Handbook for specific information about school's out camp registrations. If you need to change your child's sign ups, you may do so anytime using the links provided by the Program Coordinator. YMCA staff are NOT permitted to make changes to these sign ups for you. Any student who is signed up for, and misses, 3 school's out camp dates will be removed from the program.

## Information Sharing Agreement

The YMCA of Catawba Valley requires families to sign an information sharing agreement to enroll in the 21st CCLC program. This agreement enables the program to track student data from various resources, including report cards, formal assessments, and teacher feedback.

# BCPS YMCA PROGRAM CALENDAR 2024-2025

## First & Last Day of School

08/26/2024

05/30/2025

## Half Day of School: Cost Included in Registration

11/04/2024

12/05/2024

## School's Out Camp: Separate Registration Required

10/21/2024

11/11/2024

11/27/2024

12/30/2024

12/31/2024

01/02/2025

01/03/2025

02/10/2025

03/04/2025

03/14/2025

04/22/2025

04/23/2025

04/24/2025

04/25/2025

## Program Closed

09/02/2024

11/05/2024

11/28/2024

11/29/2024

12/23/2024

12/24/2024

12/25/2024

12/26/2024

12/27/2024

01/01/2025

01/20/2025

04/18/2025

04/21/2025

05/26/2025

06/03/2025

06/04/2025

## August

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## October

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## February

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# NDS YMCA PROGRAM CALENDAR 2024-2025

## First & Last Day of School

09/03/2024

05/23/2025

## Half Day of School: Cost Included in Registration

12/05/2024

12/19/2024

## School's Out Camp: Separate Registration Required

10/11/2024

10/14/2024

10/31/2024

11/01/2024

11/27/2024

12/20/2024

12/30/2024

12/31/2024

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05/29/2025

05/30/2025

## Program Closed

09/02/2024

11/11/2024

11/28/2024

11/29/2024

12/23/2024

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## August

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## October

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## November

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## January

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**We're here to answer any questions, discuss concerns, and help you with your child's educational and developmental needs at any time.**

**Each program is supported by a Program Coordinator who oversees operations of the program. We respectfully ask that families contact the Program Coordinator first, for help with questions and to address concerns. Program staff should always be the first point of contact.**

**Burke County School-Age Programs Dial Directory – 828-578-6992**

**Salem Elementary YMCA – 828-999-8614**

**Hildebran Elementary YMCA – 828-999-8741**

**Drexel Elementary YMCA – 828-999-8650**

**Valdese Elementary YMCA – 828-999-8629**

**WA Young Elementary YMCA – 828-999-8567**

**New Dimensions Charter YMCA – 828-999-8775**

**Ray Childers Elementary YMCA – 828-999-8511**

**Mountain View Elementary YMCA, 21st CCLC – 828-999-8463**

**Oak Hill Elementary YMCA – 828-999-7742**

**George Hildebrand Elementary YMCA – 828-851-7231**

**\*Regional Director, Ann Effler – 828-838-3804**

**\*Regional Director, Jennifer Hawkins – 828-851-7182**

**Childcare Administrator, Kristy Meiners – 828-838-1592**

**If you have any questions or concerns and you are not able to successfully resolve them with the on-site staff team, please feel free to contact the Regional Directors who directly oversee the programs in Burke County.**

**Erica Simmons, Executive Director, School Age Childcare,  
YMCA of Catawba Valley, (e) [ericas@ymcacv.org](mailto:ericas@ymcacv.org); (P) (828) 851-7187**