



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LYMPHEDEMA INFORMATION SEMINAR



FREE EVENT – REGISTRATION REQUIRED
HICKORY FOUNDATION YMCA – C.O. MILLER
TEEN CENTER MARCH 28TH 11:00AM

***FREE LEARNING OPPORTUNITY FOR OUR LIVESTRONG PROGRAM AND
ANYONE LIVING WITH LYMPHEDEMA OR WANTING TO LEARN MORE.**

FREE EVENT —REGISTRATION IS REQUIRED

REGISTRATION DEADLINE: MONDAY, MARCH 25TH

Name: _____ **Phone:** _____

Age: 18+ **Birth Date:** _____ **Y MEMBER? Y/N** **Gender: M/F**

Address: _____

E-mail: _____

Emergency Contact: _____ **Emergency Phone:** _____

Waiver: I fully assume and understand the risks of myself participating in the Wellness Lunch Series program including death or injury due to falls, collisions with other participants or spectators, obstructions, sudden illness and all other risks. I attest that I am physically fit to participate. I authorize program staff to provide medical attention at my expense should I appear in need. For injuries myself sustain, including death, I agree to save and hold harmless the YMCA of Catawba Valley and HSM, volunteers, program staff, suppliers, contractors, and anyone else connected with the organization of this program, from any claim or lawsuit that may be brought at any time by me, family, estate, heirs or assigns, arising from myself or my child's participation in this program or the instruction received. I understand that there will be no refunds as the program is conducted. I give permission to have my photo taken for YMCA and HSM publicity without repayment.

MADE POSSIBLE WITH OUR COMMUNITY PARTNER:

