

LIFEGUARD CERTIFICATION COURSE

BECOME A LIFEGUARD REGISTER TODAY!

PREREQUISITES:

- Must be 15 years or older by the last day of Lifeguard Certification class.
 (If under 18 must have parental consent)
- Able to tread water for 2 minutes using only your legs
- Swim continuously for 500-yds

TO RECEIVE A LIFEGUARD CERTIFICATION A CANDIDATE MUST:

- Attend 100% of all class sessions
- Arrive on time for all class & pool sessions
- Participate 100% in all sessions
- · Pass written and skills tests
- Demonstrate maturity, respect and responsibility
- Complete all online e-learnings.

COURSE FEE: \$300

For More Info Contact

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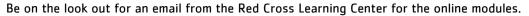
Logan Taylor; Aquatics Director Adrian L. Shuford Jr. YMCA 1104 Conover Blvd. East Conover, NC 28613 828-464-6130 | logant@ymcacv.org

YMCA Lifeguard Class Registration Instructions

- 1. Visit www.yexchange.org
- 2. Create an account or log in.
- 3. Click on 'Home' & then click on the Learning Career & Development Center (LCDC) page
- 4. Search either location to find the available classes
 - Lifeguard V6
 - Lifeguard Recertification V6
- 5. Select the class which you wish to register for then scroll to the bottom & click on 'Register for this class'
- 6. Print out the Confirmation Page & bring payment to complete your registration

Red Cross Lifeguard Class Registration

1. Register at the following link: https://forms.gle/XKGy9zgMvKqstbSA6 ,or scan the QR code to the right.





2024 Lifeguard Class Calendar

Registration Date	Class Week	Days	Location	Training Org.
Monday, Dec. 4th - Sunday, Jan. 14th	Monday, Jan. 15th - Sunday, Jan. 21st	Mon, Friday - Sunday	Hickory Foundation Y C.O. Miller Teen Center	YMCA
Monday, Feb. 5th - Sunday, Mar. 3rd	Thursday, Mar. 7th - Sunday, Mar. 10th	Thursday - Sunday	Adrian L. Shuford Jr. YMCA	Red Cross
Monday, Feb. 26th - Sunday, Apr. 14th	Wednesday, Apr. 17th - Sunday, Apr. 21st	Wednesday - Sunday	Adrian L. Shuford Jr. YMCA	Red Cross
Monday, Mar. 11th - Sunday, May 5th	Thursday, May 9th - Sunday, May 12th	Thursday - Sunday	Hickory Foundation Y C.O. Miller Teen Center	YMCA
Monday, April 15th - Sunday, May 12th	Monday, May 13th - Friday, May 17th	Monday - Friday	Adrian L. Shuford Jr. YMCA	Red Cross
Monday, May 13th - Sunday, June 2nd	Monday, June 3rd - Thursday, June 6th	Monday - Thursday	Adrian L. Shuford Jr. YMCA	Red Cross
Monday, July 8th - Sunday, Aug. 11th	Monday, Aug. 12th - Thursday, Aug. 15th	Monday - Thursday	Hickory Foundation Y C.O. Miller Teen Center	YMCA
Monday, Sept. 9th - Sunday, Oct. 13th	Thursday, Oct. 17th - Sunday, Oct. 20th	Thursday - Sunday	Hickory Foundation Y C.O. Miller Teen Center	YMCA
Monday, Oct. 7th - Sunday, Dec. 8th	Thursday, Dec. 12th - Sunday, Dec. 15th	Thursday - Sunday	Adrian L. Shuford Jr. YMCA	Red Cross