

PRIVATE | 30 MINUTES

3 Lessons

YMCA Members: \$85 | Non-Members: \$145

5 Lessons

YMCA Members: \$115 | Non-Members \$175

SEMI-PRIVATE | 40 MINUTES

(2 Swimmers)

3 Lessons

YMCA Members: \$110 | Non-Members: \$160

5 Lessons

YMCA Members: \$135 | Non-Members \$190

GROUP PRIVATE | 45 MINUTES

(3 Swimmers)

3 Lessons

YMCA Members: \$125 | Non-Members: \$185

5 Lessons

YMCA Members: \$145 | Non-Members \$215

Swimmer's Name: _____ Age: _____ Date of Birth: _____

Email Address: _____ Gender: Male Female

Home Phone: _____ Cell Phone: _____

Mother's Name: _____ Date of Birth: _____

Father's Name: _____ Date of Birth: _____

Swimmer's Level: Beginner Intermediate Advanced

Type of Lesson: Private Semi-Private Group Private

Preferred Instructor: _____

Preferred Day/Time: _____

Preferred Start Date: _____

WAIVER OF LIABILITY

I fully assume and understand the risks of myself or my child participating in the swim lesson program including death or injury due to falls, collisions with other participants or spectators, obstructions, sudden illness, and all other risks. I attest that I or my child is physically fit to participate. I authorize program staff to provide medical attention at my expense should I or my child sustain any injuries, including death. I agree to save and hold harmless the YMCA of Catawba Valley, volunteers, program staff, suppliers, contractors, and anyone else connected with the organization of this program from any claim or lawsuit that may be brought at any time by me, my family, estate, heirs, or assigns arising from myself or my child's participation in this program or the instruction received.

Signature (Parent/Guardian if under 18): _____ Date: _____

PRIVATE SWIM LESSONS

Step 1: Complete and return the registration form to the YMCA front desk.

Step 2: You will be contacted within two weeks by an instructor.

Step 3: Bring payment to the YMCA front desk.

Step 4: Start swimming!

If you have an instructor in mind, please let us know by writing it on the registration form on the reverse side.

Please show up for every scheduled lesson. If confirmation is made and you do not show up, it will be counted as one of your lessons.

Private Swim Lessons are designed to help those who need the little extra attention that one-on-one instruction provides. These classes are generally faster paced due to the specialized attention that each participant receives.

We also believe that training one's Spirit, Mind, and Body is just as important as the information we provide for the participants in our classes.

The YMCA Aquatics team is dedicated to providing quality programming which helps build character and provides the knowledge necessary to be safe in and around the water.

If you have any questions please contact:

**Sarah Gilbert, Swim Lesson
Coordinator**

Sarahgi@ymcacv.org | 828.464.6130

Adrian L. Shuford Jr. YMCA

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828.464.6130 | www.ymcacv.org



BECOME UNSINKABLE

**Private & Semi-Private Swim Lessons
Adrian L. Shuford Jr. YMCA**



YMCA MISSION:

**To put Christian principles into practice
through programs that build healthy
spirit, mind, and body for all.**