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 2023-2024 SGHOOLCARE PROGRAM GUIDEForá betterer us.
Serving Burke County students K-12 years-old

## YMCA OF CATAWBA VALLEY <br> Serving Burke, Caldwell, and Catawba Counties for over 50 years



The YMCA of Catawba Valley was established in 1969 to strengthen our community through youth development, healthy living and social responsibility. The Y engages over 25,000 men, women and children each year - regardless of age, income or background - to nurture the potential of children and teens, improve the community's health and well-being and to provide opportunities to give back and support neighbors. The Y has the long-standing relationships and physical presence not just to promise, but to deliver, lasting personal and social change. The Y mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Join the YMCA and enjoy access to a 24/7 fitness center at the Phifer Family YMCA! In addition, YMCA members receive program discounts, free group exercise classes, and access to more than 2,700 YMCAs across the country all with the peace of mind of not being under any long-term contract.

## BACK TO SCHOOL WITH THE Y!

We're excited to welcome you to the YMCA family! I am thrilled to serve as your Program Director and look forward to a wonderful journey together. Our dedicated team is committed to providing a safe, enriching, and inclusive environment where your children can learn, play, and thrive while embracing our YMCA core values of Caring, Honesty, Respect, and Responsibility.

Our engaging activities, from arts and crafts to sports and academic support, will empower your children to discover their passions and develop essential life skills while embodying these core values. With a focus on teamwork, respect for one another, and personal responsibility, we aim to create a positive and nurturing community that fosters friendships and inspires growth.

Open communication is essential to our success, so please don't hesitate to reach out with any questions, concerns, or suggestions. Together, we can make this year memorable and impactful for your children as we uphold the YMCA values.

Thank you for entrusting us with their care during their out-of-school time. Here's to an amazing journey!
Erica Simmons
Senior Program Director of
Burke County YMCA Childcare


## SOCIAL-EMOTIONAL LEARNING

Social-Emotional Learning (SEL) is an educational approach fostering emotional intelligence and interpersonal skills essential for personal and academic success. It equips individuals with tools to manage emotions, build healthy relationships, and make informed decisions.

Hello Insight offers data-driven assessments to evaluate SEL program impact, aiding educators in refining strategies. As part of our commitment to continuous improvement, we actively seek feedback from youth, and your child will be invited to complete a survey at the beginning and end of the program. This survey allows them to reflect on their interests and experiences, helping us gauge the program's impact on their development and identify areas for enhancement.

Wayfinder's curriculum provides a structured framework for SEL integration, emphasizing self-awareness, empathy, and problem-solving. Designed for Kindergarten through 12th grade, the Wayfinder curriculum allows our staff to customize SEL development for each individual, enabling them to strengthen areas crucial to their growth, find purpose, and equip them with tools to manage stress and anxiety.

Utilizing Hello Insight and Wayfinder enhances SEL initiatives, ensuring comprehensive skill development. Students gain self-awareness, emotional regulation, and improved social interactions. These tools not only optimize academic outcomes but also empower individuals for lifelong emotional well-being and achievement.

## YMCA SCHOOL AGE PROGRAMS <br> Serving students K-12 years-old

## REGISTRATION

Registration is now open! School Care programming can and will fill up and we recommend you sign up as soon as possible! For your convenience, weekly fees are automatically drafted on the Friday before the week of care. There is a one-time, non-refundable and non-transferable \$40 registration fee due when you register. Registration and weekly fees are due the Friday before the week your child attends to allow us to ensure proper staffing, supplies, snacks, and an age-appropriate schedule for those in attendance.
Registration is available on our website at www.ymcacv.org.

## YMCA MEMBER PRICING

YMCA members enjoy discounts on program pricing based on the membership status of the individual registering for the program. For more information on becoming a YMCA member, visit our website at www.ymcacv.org or contact your local Phifer Family YMCA at 828-679-2500.


Scan the QR Code
with your smartphone and REGISTER NOW!

## FUN FOR EVERYONE

At the Y , we think fun, new friends, positive role models and great times should be available to every child. That's why we provide scholarships to families who need help making School Care programming a reality.

If your family needs a little help to make School Care programming happen, scholarship forms are available online at www.ymcacv.org and are kept completely confidential. For more information please contact the Childcare Administrator at childcare@ymcacv.org.

Funds are made possible through generous donations to our Annual Giving Campaign. You can help provide School Care programming for families by visiting our website and making a tax-deductible online gift or by submitting a donation at a YMCA near you.

## 2023-2024 Before \& After School Program Fees

| One-time Registration Fee | \$40 |
| :---: | :---: |
| Weekly Fees | Before-School Only: \$28 YMCA Member / \$40 Non-Member <br> After-School Only: \$50 YMCA Member / \$65 Non-Member <br> Before and After School: \$67 YMCA Member / \$80 Non-Member |
| Half Days | Included in program fees |

## 2023-2024 School’s Out Camp Fees

| Registration Fee <br> (if not enrolled in Before or After School) | \$40 |
| :---: | :---: |
| Daily Fee | \$35 YMCA Member / \$50 Non-Member |
| The program will be closed Sep 4, Nov In addition, the program at New Dimensio | 24, Dec 25, Dec 26, Jan 1, Mar 29, Apr 1, an Iso be closed Nov 10, Nov 22, Dec 22, Jan |


| 2023-2024 LOCATIONS \& OFFERINGS |  |  |  |
| :---: | :---: | :---: | :---: |
|  | Before School | After School | School's Out Camp |
| Drexel Elementary | $\checkmark$ | $\checkmark$ |  |
| George Hildebrand Elementary | $\checkmark$ | $\checkmark$ |  |
| Hildebran Elementary (inc Icard Elem) | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Mountain View Elementary (inc Forest Hill Elem and Hillcrest Elem) | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| New Dimensions Charter School | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Oak Hill Elementary | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Ray Childers Elementary | $\checkmark$ | $\checkmark$ |  |
| Salem Elementary (inc Mull Elem) | $\checkmark$ | $\checkmark$ |  |
| Valdese Elementary | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| WA Young Elementary (inc Glen Alpine Elem) | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| *All sites and offerings are subject to change based on enrollment. <br> **School's Out Camp includes select Teacher Workdays, Vacation Days, and Holidays. |  |  |  |

## DAILY LOGISTICS

Our School Care Programs operate every day that your child's school is in session. At the end of the school day, depending on the school, students either remain at their school for Afterschool under the care of Y staff or a bus transports them to their appropriate Afterschool location.

Before School operates from 6:00am-7:30am and After School operates from the end of the school day until 6:00pm. All students must be picked up by 6:00pm by their guardian(s) or any additional person listed on their pick-up form. Students who are picked up late will be charged $\$ 5$ for every ten minutes that they are late.

## HOLIDAYS \& TEACHER WORK DAYS

When school is out, the $Y$ is in! During School's Out Camp, children have the opportunity to come to the various locations for a full day of activities where children will learn new sports and games, create arts and crafts, develop good sportsmanship, be a part of a team, build new friendships, swim, learn to be healthy, and much more! YMCA locations and dates are determined by the school calendar and schools we serve. Please be extra cognizant as you sign up for these days and make note of which location you are registering your child to attend.

Registration is separate from Before and Afterschool. Locations can fill to capacity so we encourage you to register now for all dates you need; please register no later than five business days in advance so that we can ensure proper staffing, supplies, food, and a fun-filled schedule.

Drexel Elementary School


Hildebran Elementary School


New Dimensions Charter School


Ray Childers Elementary School


Valdese Elementary School


George Hildebrand Elementary School


Mountain View Elementary School


Oak Hill Elementary School


Salem Elementary School


WA Young Elementary School


# CONTACT INFORMATION 

Registration \& Account Information:
Childcare Administrator | childcare@ymcacv.org
General Program Information:
Erica Simmons | Senior Program Director of Childcare \| ericas@ymcacv.org

