

Hickory Foundation YMCA

OUTDOOR POOL SCHEDULE

Effective August 28 - September 18, 2022



MONDAY / WEDNESDAY

Lanes	1	2	3	4	5	6	7	8
5:00am	LAP SWIM						LAP SWIM	LAP SWIM
5:30pm	MASTERS							
6:00am	MASTERS							
7:00am	LAP SWIM							
8:00am	LAP SWIM							
9:00am	LAP SWIM							
10:00am	WATER AEROBICS							
11:00am	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
12:00pm								
1:00pm								
2:00pm								
3:00pm								
3:30pm	YSST							
4:00pm								
5:00pm								
5:30pm								
6:00pm								
7:00pm	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
8:00pm								
8:30pm								

TUESDAY / THURSDAY

Lanes	1	2	3	4	5	6	7	8		
5:00am	LAP SWIM						LAP SWIM	LAP SWIM		
6:00am	MASTERS									
7:00am	LAP SWIM				LAP SWIM	LAP SWIM			LAP SWIM	LAP SWIM
8:00am	MASTERS									
9:00am	LAP SWIM				LAP SWIM	LAP SWIM				
10:00am	WATER AEROBICS									
11:00am	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM		
12:00pm										
1:00pm										
2:00pm										
3:00pm										
3:30pm	YSST									
4:00pm										
5:00pm										
5:30pm	WATER AEROBICS						LAP SWIM	LAP SWIM		
6:00pm	WATER AEROBICS									
7:00pm	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM				
8:00pm										
8:30pm										

FRIDAY														
Lanes	1	2	3	4	5	6	7	8						
5:00am	LAP SWIM						LAP SWIM	LAP SWIM						
5:30am	MASTERS													
6:00am														
7:00am	LAP SWIM													
8:00am														
9:00am	WATER AEROBICS						LAP SWIM	LAP SWIM						
10:00am	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM								
11:00am														
12:00pm														
1:00pm														
2:00pm														
3:00pm														
3:30pm									YSST					
4:00pm														
5:00pm														
6:00pm														
7:30pm														

SATURDAY								
Lanes	1	2	3	4	5	6	7	8
6:45am	MASTERS							
7:00am								
8:00am	LAP SWIM			YSST				
9:00am								
10:00am	SWIM LESSONS						LAP SWIM	LAP SWIM
11:00am								
12:00pm	OPEN SWIM (1:00pm - 3:20pm) Reservations Required							
1:00pm								
2:00pm	OPEN SWIM (3:40pm - 6:00pm) Reservations Required							
3:00pm								
4:00pm								
5:00pm								
6:00pm								

SUNDAY								
Lanes	8	7	6	5	4	3	2	1
1:00pm	OPEN SWIM (1:00pm - 3:20pm) Reservations Required						LAP SWIM	LAP SWIM
2:00pm								
3:00pm								
4:00pm	OPEN SWIM (3:40pm - 6:00pm) Reservations Required						LAP SWIM	LAP SWIM
5:00pm								
6:00pm								

Reservations are required for Open Swim and can be made at www.ymcacv.org.
 Schedule is subject to change based on programming needs.
 Private swim lessons will utilize a lap lane as needed.
 Contact: Ryan Pegarsch | Aquatics Director | ryanp@ymcacv.org