



# FIND YOUR FUN. FIND YOUR Y.

At YMCA Summer Camp, your kids will make new friends and have tons of fun as they explore new adventures each day.

For a better us.®

» FIND YOUR Y AT THE  
YMCA OF  
CATAWBA VALLEY  
ENROLL TODAY

828.324.9622  
[CAMP.YMCACV.ORG](http://CAMP.YMCACV.ORG)



# WELCOME TO A BETTER US.

**Every person should have the opportunity to reach his or her full potential, at any age or income level. The Y is a cause that builds better futures for a better us.**



**Every child should have the opportunity to be part of the team.**

**Our Annual Campaign ensures that no child has to be left out.**

**Our mission is inclusive to engage and support all segments of society.**

**We are stronger when our doors are open to all.**

**GIVE      JOIN      VOLUNTEER      ADVOCATE**

# CARING, HONESTY, RESPECT, RESPONSIBILITY



**At the YMCA of Catawba Valley, we believe in every child's potential. Our camps are designed to strengthen character, while giving parents the peace of mind that comes from knowing their children are safe and cared for.**

**This summer, give your child the opportunity to explore his or her potential while enjoying new experiences, developing new skills and making new friendships to last a lifetime.**

**Camps feature arts & crafts, sports, indoor & outdoor games, swimming, educational classes and much more to meet the interests of children at every development stage.**

# YMCA CAMP LOCATIONS

**HICKORY FOUNDATION YMCA**

701 1st St NW | Hickory NC 28601  
828-324-2858

**ADRIAN L SHUFORD JR YMCA**

1104 Conover Blvd E | Conover NC 28613  
828-464-6130

**NEW DIMENSIONS CHARTER**

550 Lenoir Rd | Morganton NC 28655  
828-999-8775

**DREXEL ELEMENTARY**

100 Alta Vista St | Morganton NC 28655  
828-999-8650

**HILDEBRAN ELEMENTARY**

703 US Highway 70 W | Hildebran NC 28637  
828-999-8741

**MTN VIEW ELEMENTARY**

805 Bouchelle St | Morganton NC 28655  
828-999-8463

**OAK HILL ELEMENTARY**

2363 NC Highway 181 | Morganton NC 28655  
828-999-7742

**RAY CHILDERS ELEMENTARY**

1183 Cape Hickory Rd | Hickory NC 28601  
828-999-8511

**SALEM ELEMENTARY**

1329 Salem Rd | Morganton NC 28655  
828-999-8614

**VALDESE ELEMENTARY**

298 Praley St | Valdese NC 28690  
828-999-8629

**WA YOUNG ELEMENTARY**

325 Conley Rd | Morganton NC 28655  
828-999-8567



## REGISTER ONLINE!

[camp.ymcacv.org](http://camp.ymcacv.org)

Scan the code to get to our website  
where you can register online, apply  
for financial assistance and get more  
information about our camps!





# STUFF YOU NEED TO KNOW...

**Tuition** A non-refundable and non-transferable registration fee of \$35 is due at registration along with a non-refundable and non-transferable \$25 deposit for each week registered for. Registration must be received by the Wednesday prior to the start of each camp week and full payment is due by the Friday prior to the start of each camp week. If full payment is not received by Friday, your child may be dropped from rosters and the deposit forfeited.

**Registration** For the safety of all children, an enrollment form must be filled out through the online registration process. This form will be good for the summer and will cover all Y camps at the location originally registered for. Some locations may require additional steps to complete registration; if applicable, you will be contacted by email.

**Refunds** No refunds or credits will be issued for any days not attended. All fees are non-refundable and non-transferable. Registration changes may be made up to Wednesday before the start date.

## Discounts

- 1) Register on or before March 31 and receive 10% off each week you register for at the time of registration.
- 2) Register between April 1 and April 30 and your \$35 Registration Fee will be waived.

**Returned Payments** All weekly fees must be set up on an automatic draft from a bank account, credit card, or debit card. A \$20 fee will be assessed for all returned payments. Payments are not accepted at site locations.

**Lunch & Snacks** Traditional Camp, Full-Day Sports Camp, and Teen Camp include breakfast, lunch, and an afternoon snack.

## Scholarships & Tuition Subsidies

We welcome scholarship applications

for all of our camps. DSS subsidies can only be applied to our Traditional Camp programs at the Hickory YMCA, Shuford YMCA and BCPS sites. A denial letter from DSS is required to apply for YMCA financial assistance for Traditional Camp. YMCA scholarship applications are available on our website or by scanning this code and must be completed in their entirety. Scholarships are awarded on a first-come, first-served basis and a deposit may be required when registering pending a scholarship award. Overpayments will be credited. DSS vouchers are not accepted for Preschool Camp, Sports Camps, Teen Camp or New Dimensions Charter School.



## Drop-off & Pick-up

The safety and security of children in our care is

paramount. Each child must be signed in and out every day by an authorized adult aged 18 or older, with a photo ID. Registration forms must list all individuals authorized to pick up the child, including a phone number for each. If persons cannot produce a photo ID and/or are not on the list, we will not release the child. For your convenience, express drop-off is provided at all locations from 6:30am–9:00am. Arrival after this time and all pick-ups must happen in the site.

## Late Pick-up

We ask that you please pick up your child by the closing time each day. If you are late, you could be charged \$1 for each minute after the closing time.

## Anti-Bullying

The Y is committed to preventing bullying, which is defined as systematically and chronically inflicting physical hurt or distress on a child or staff member. Bullying is further defined as unwanted and repeated written, verbal or physical behavior, including threatening, insulting or dehumanizing gestures that are pervasive enough to create an intimidating or hostile environment. It includes, but is not limited to, teasing, social exclusion, threat, intimidation, stalking, cyber-stalking, physical violence, theft, harassment, humiliation or destruction of property. Physical violence or bullying toward another camper or staff member will result in immediate suspension for the remainder of the camp week; a second offense will result in expulsion for the remainder of the summer. Please contact the Program Director to report any suspected incidents of bullying.



## **Behavioral & Medical Conditions**

It is essential to disclose all

behavioral and medical conditions at the time of registration so that we can best serve your child. The Y makes reasonable accommodations to meet every child's needs in a group setting; however, we are unable to provide 1-on-1 care for campers. If a camper becomes a safety risk, it could be grounds for dismissal. Non-disclosure at the time of registration could also be grounds for dismissal.

## **What to Wear**

Campers should dress comfortably for the weather every day and wear closed-toe shoes. Campers will be active and may get dirty so please plan accordingly. Flip-flops or sandals are only permitted during water activities. The provided camp t-shirt should be worn on field trip days. Please label everything.

## **What to Bring**

Campers should bring a refillable water bottle every day. Spray-on sunscreen should be provided and may be kept at camp. Please contact the Program Director to fill out the appropriate form for sunscreen. Sunscreen should be applied before arriving at Camp; staff are not permitted to apply sunscreen to campers but they will remind campers to apply it often. Campers should bring a swimsuit and towel on swim days. Backpacks or tote bags are permitted but not required. Please label everything.

## **Do Not Bring**

Personal electronics, toys or games from home and shoes with wheels are prohibited at camp. Money, jewelry or anything else of value should not be brought to camp. The YMCA is not responsible for lost or stolen items.

## **Personal Electronics & Cell Phone Policy**

Camp is a safe place for youth to develop authentic and positive relationships with peers and adults, while growing and developing – intellectually, emotionally and physically. Camper's use of personal electronics during structured camp time interferes with their ability to participate in authentic interactions and planned activities. The Y recognizes the value of instant communication and expects campers to keep any personal electronic device powered off and stored in a backpack or lunchbox while at camp.

**NO electronic devices at camp and label all personal items!**

# CAMP RULES

Campers take **RESPONSIBILITY** for their actions.

Campers **RESPECT** themselves, each other, camp equipment and the environment.

**HONESTY** is the basis for all relationships and interactions.

Campers are **CARING** in their relationships with others.

Campers should talk to a Camp Staff Member if they are uncomfortable with any experiences or need assistance while at camp.

## DISCIPLINE PROCEDURES

**REDIRECTION:** Staff will redirect the camper to more appropriate behavior.

**STOP & THINK:** If inappropriate behavior continues, the camper will be reminded of behavior guidelines and camp rules, and the camper will be asked to decide on action steps to correct his/her behavior.

**REFERRAL:** If a child's behavior still does not meet expectations and is affecting the experience of other campers, he/she will be referred to the Program Director. Consequences may include, but are not limited to: loss of privilege(s), phone call home, parent conference, etc.

**SUSPENSION/EXPULSION:** If inappropriate behavior continues, as a last action step, the camper may be dismissed from camp for a period of time, up to the remainder of the summer.

### Examples of unacceptable behavior:

Refusing to follow behavior guidelines or camp rules.

Using profanity, vulgarity or obscenity.

Stealing or damaging personal or camp property.

Refusal to participate in activities and cooperate with staff.

Disrupting a program.

Endangering the health and safety of children and/or staff.

Use of illicit drugs, alcohol or tobacco, or sexual conduct of any kind.

Teasing, making fun of, or bullying other campers or staff.

Fighting of any kind.

**Camp fees are non-refundable if a camper is sent home for disciplinary reasons.**



# TRADITIONAL DAY CAMP

Join the YMCA of Catawba Valley for weekly opportunities for a fun-filled summer for your child! Whether you choose one week, a few weeks, or all summer, YMCA Summer Camp offers a flexible schedule and provides fun and enriching activities for your child. YMCA Summer Camp provides positive outcomes through play with an emphasis on social emotional growth. Our quality staff will guide them through arts & crafts, indoor and outdoor games, swimming, devotions, camp songs & games, arts & crafts and much more (activities vary by location).

Traditional Camp is for students who have completed Kindergarten up to 12 years-old.

## WEEKLY THEMES

<b>Week 1: May 30–June 3 (Closed May 30)</b>	<b>STEAM Week</b>
<b>Week 2: June 6–10</b>	<b>Spirit Week</b>
<b>Week 3: June 13–17</b>	<b>The Great Outdoors</b>
<b>Week 4: June 20–24</b>	<b>Tribal Camp</b>
<b>Week 5: June 27–July 1</b>	<b>Sports Week</b>
<b>Week 6: July 4–8 (Closed July 4–5)</b>	<b>Heroes and Fireworks</b>
<b>Week 7: July 11–15</b>	<b>Star of the Summer</b>
<b>Week 8: July 18–22</b>	<b>Secret Agent Week</b>
<b>Week 9: July 25–29</b>	<b>Tropical Paradise</b>
<b>Week 10: August 1–5</b>	<b>Master Chef</b>
<b>Week 11: August 8–12</b>	<b>Down on the Farm</b>
<b>Week 12: August 15–19</b>	<b>Around the World</b>
<b>Week 13: August 22–26</b>	<b>Paint Me Silly</b>
<b>Week 14: August 29–September 2</b>	<b>Environmental Engineering</b>

# CATAWBA COUNTY

## HICKORY FOUNDATION YMCA

701 1st St NW | Hickory NC 28601

828-324-2858

- Location offers Preschool Camp, Traditional Camp, Sports Camps and Teen Camp
- Preschool Camp Pick-up & Drop-off occurs at the Gymnasium
- Traditional Camp, Sports Camp, and Teen Camp Pick-up & Drop-off occurs at the C.O. Miller Teen Center
- Preschool Camp Operating Hours: 8:30am-12:30pm
- Preschool Camp Weekly Fee: \$65 YMCA Member | \$85 Non-Member
- Traditional Camp Operating Hours: 6:30am-6:00pm
- Traditional Camp Weekly Fee: \$140 YMCA Member | \$175 Non-Member
- Teen Camp Operating Hours: 6:30am-6:00pm
- Teen Camp Weekly Fee: \$140 YMCA Member | \$175 Non-Member
- Half-Day Sports Camp Operating Hours: 8:00am-12:30pm
- Half-Day Sports Camp Weekly Fee: \$90 YMCA Member | \$110 Non-Member
- Full-Day Sports Camp Operating Hours: 6:30am-6:00pm
- Full-Day Sports Camp Weekly Fee: \$140 YMCA Member | \$175 Non-Member

## ADRIAN L SHUFORD JR YMCA

1104 Conover Blvd E | Conover NC 28613

828-464-6130

- Location offers Traditional Camp and Sports Camps
- Traditional Camp Operating Hours: 6:30am-6:00pm
- Traditional Camp Weekly Fee: \$140 YMCA Member | \$175 Non-Member
- Half-Day Sports Camp Operating Hours: 8:00am-12:30pm
- Half-Day Sports Camp Weekly Fee: \$90 YMCA Member | \$110 Non-Member
- Full-Day Sports Camp Operating Hours: 6:30am-6:00pm
- Full-Day Sports Camp Weekly Fee: \$140 YMCA Member | \$175 Non-Member

# BURKE COUNTY

## NEW DIMENSIONS CHARTER SCHOOL (Camp Warriors)

550 Lenoir Rd | Morganton NC 28655

828-999-8775

- Location offers Traditional Camp
- Traditional Camp Weekly Fee: \$140 per camper



# BURKE COUNTY PUBLIC SCHOOLS

- Site offerings are based on enrollment and subject to change
- All locations offer Traditional Camp
- All sites operate 6:00am–6:00pm
- Weekly Fee: \$140 per camper
- Campers may register for any site regardless of the school they attend

## DREXEL ELEMENTARY SCHOOL (Camp Wolverines)

100 Alta Vista Street | Morganton NC 28655

828-999-8650

## HILDEBRAN ELEMENTARY SCHOOL (Camp Royals)

703 US Highway 70 W | Hildebran NC 28637

828-999-8741

## MOUNTAIN VIEW ELEMENTARY SCHOOL (Camp Bobcats)

805 Bouchelle St | Morganton NC 28655

828-999-8463

## OAK HILL ELEMENTARY SCHOOL (Camp Bulldogs)

2363 NC Highway 181 | Morganton NC 28655

828-999-7742

## RAY CHILDERS ELEMENTARY SCHOOL (Camp Pirates)

1183 Cape Hickory Rd | Hickory NC 28601

828-999-8511

## SALEM ELEMENTARY SCHOOL (Camp Tigers)

1329 Salem Rd | Morganton NC 28655

828-999-8614

## VALDESE ELEMENTARY SCHOOL (Camp Tigers)

298 Praley St | Valdese NC 28690

828-999-8629

## WA YOUNG ELEMENTARY SCHOOL (Camp Wildcats)

325 Conley Rd | Morganton NC 28655

828-999-8567

# SUMMER PLANNER

	Week 1 5/30-6/3 <small>Closed 5/30</small>	Week 2 6/6-10	Week 3 6/13-17	Week 4 6/20-24	Week 5 6/27-7/1	Week 6 7/4-8 <small>Closed 7/4-5</small>
Hickory YMCA Traditional Camp	✓	✓	✓	✓	✓	✓
Hickory YMCA Sports Camps		✓ Basketball	✓ Flag Football	✓ Tennis	✓ Volleyball	
Hickory YMCA Preschool Camp			✓	✓	✓	
Hickory YMCA Teen Camp	✓	✓	✓	✓	✓	✓
Shuford YMCA Traditional Camp	✓	✓	✓	✓	✓	✓
Shuford YMCA Sports Camps		✓ Soccer	✓ Basketball	✓ Baseball	✓ Flag Football	
BCPS Camp Sites <small>(DES, HES, MVES, OHES, RCES, SES, VES, WAYES)</small>		✓	✓	✓	✓	✓
New Dimensions Charter School	✓	✓	✓	✓	✓	✓



Week 7 7/11-7/15	Week 8 7/18-7/22	Week 9 7/25-7/29	Week 10 8/1-8/5	Week 11 8/8-8/12	Week 12 8/15-8/19	Week 13 8/22-8/26	Week 14 8/29-9/2
✓	✓	✓	✓	✓	✓	✓	
✓ Basketball	✓ Baseball	✓ Tennis	✓ Soccer				
✓	✓	✓	✓				
✓	✓	✓	✓	✓	✓	✓	
✓	✓	✓	✓	✓	✓	✓	
✓ Soccer	✓ Basketball	✓ Volleyball	✓ Flag Football				
✓	✓	✓	✓	✓	✓	✓	
✓	✓	✓	✓	✓	✓	✓	✓

# PRESCHOOL CAMP

## Hickory Foundation YMCA

The YMCA of Catawba Valley's Summer Camp is centered around improving the well-being of children. We believe in each child's individuality and intentionally focus on three areas of development: friendships, accomplishment and belonging.

Preschool Camp is a half-day camp operating from 8:30am-12:30pm for children 3-5 years-old who have not completed Kindergarten. Swim lessons are provided once a week with age-appropriate staffing ratios (1:6) from trained swim instructors. Campers should bring a towel and bathing suit for daily trips to the Kiddie Pool and a water bottle labeled with their name. Please apply sunscreen before arrival and, if you send sunscreen with your child, please make certain it is labeled with their name. All campers must be potty trained to participate in our preschool camp program. A morning snack is provided for all campers.

### WEEKLY THEMES

<b>Week 1: May 30-June 3</b>	<b>No Camp</b>
<b>Week 2: June 6-10</b>	<b>No Camp</b>
<b>Week 3: June 13-17</b>	<b>Spirit Week</b>
<b>Week 4: June 20-24</b>	<b>The Great Outdoors</b>
<b>Week 5: June 27-July 1</b>	<b>Tribal Camp</b>
<b>Week 6: July 4-8</b>	<b>No Camp</b>
<b>Week 7: July 11-15</b>	<b>Heroes and Fireworks</b>
<b>Week 8: July 18-22</b>	<b>Star of the Summer</b>
<b>Week 9: July 25-29</b>	<b>Secret Agent Week</b>
<b>Week 10: August 1-5</b>	<b>Tropical Paradise</b>
<b>Week 11: August 8-12</b>	<b>No Camp</b>
<b>Week 12: August 15-19</b>	<b>No Camp</b>
<b>Week 13: August 22-26</b>	<b>No Camp</b>
<b>Week 14: August 29-September 2</b>	<b>No Camp</b>

# SPORTS CAMPS

## Hickory Foundation YMCA

Whether your child is new to sports, a seasoned vet, or somewhere in between, our Sports Camps are the perfect destination for every child who enjoys playing sports and being active. Our focus is on helping young athletes of all skill levels develop fundamentals, teamwork, self-confidence and new skills.

Half-day and full-day options are available. Half-day camps are 8:00am-12:30pm and full-day camps will enjoy the sports camp from 8:00am-12:30pm and then join our Traditional Camp until 6:00pm. Breakfast is provided for half-day campers and breakfast, lunch, and an afternoon snack are provided for full-day campers.

### BASKETBALL CAMP

Ages: 5-12 years-old

Items Needed: Basketball, tennis shoes & water bottle

### VOLLEYBALL CAMP

Ages: 8-12 years-old

Items Needed: Volleyball, knee pads & water bottle

### FLAG FOOTBALL CAMP

Ages: 5-12 years-old

Items Needed: Mouth guard & water bottle

Optional Items: Cleats

### BASEBALL CAMP

Ages: 5-12 years-old

Items Needed: Baseball Glove & water bottle

Optional Items: Baseball Bat & Cleats

### TENNIS CAMP

Ages: 5-12 years-old

Items Needed: Tennis racquet, tennis shoes & water bottle

### SOCCER CAMP

Ages: 5-12 years-old

Items Needed: Soccer ball, shin guards & water bottle

Optional Items: Mouth guard

# SPORTS CAMPS

## Adrian L Shuford Jr YMCA

Whether your child is new to sports, a seasoned vet, or somewhere in between, our Sports Camps are the perfect destination for every child who enjoys playing sports and being active. Our focus is on helping young athletes of all skill levels develop fundamentals, teamwork, self-confidence and new skills.

Half-day and full-day options are available. Half-day camps are 8:00am-12:30pm and full-day camps will enjoy the sports camp from 8:00am-12:30pm and then join our Traditional Camp until 6:00pm. Breakfast is provided for half-day campers and breakfast, lunch, and an afternoon snack are provided for full-day campers.

### BASKETBALL CAMP

Ages: 5-12 years-old

Items Needed: Basketball, tennis shoes & water bottle

### VOLLEYBALL CAMP

Ages: 8-12 years-old

Items Needed: Volleyball, knee pads & water bottle

### FLAG FOOTBALL CAMP

Ages: 5-12 years-old

Items Needed: Mouth guard

Optional Items: Cleats

### BASEBALL CAMP

Ages: 5-12 years-old

Items Needed: Baseball Glove

Optional Items: Baseball Bat & Cleats

### SOCCER CAMP

Ages: 8-12 years-old

Items Needed: Soccer ball & shin guards

Optional Items: Mouth guard



# TEEN CAMP

## Hickory Foundation YMCA

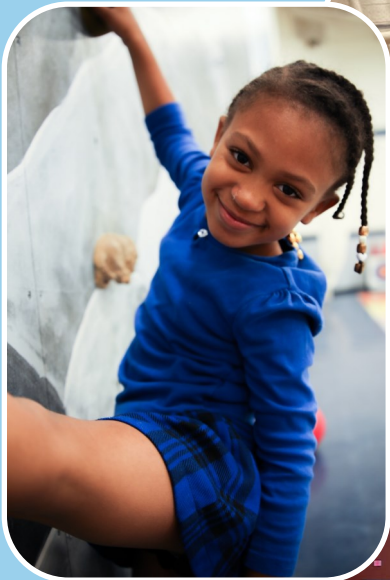
Recognizing that middle school and high school students can get more out of a summer camp program, our Teen Camp participants learn teamwork oriented leadership. Working together on a variety of projects, our staff and teens form a mentoring relationship. We coach our teens, providing feedback and insight into their efforts on the different tasks they take on. Local field trips, leadership workshops and service projects are just a few of the important tools our staff use to teach teens what it means to be a leader.

Teen Camp is a full-day camp operating from 6:30am–6:00pm for rising 6th–11th graders. Breakfast, lunch and an afternoon snack are provided for all campers.

### WEEKLY THEMES

<b>Week 1: May 30–June 3 (Closed May 30)</b>	<b>STEAM Week</b>
<b>Week 2: June 6–10</b>	<b>Spirit Week</b>
<b>Week 3: June 13–17</b>	<b>The Great Outdoors</b>
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<b>Week 13: August 22–26</b>	<b>Paint Me Silly</b>
<b>Week 14: August 29–September 2</b>	<b>No Camp</b>

# FIND YOUR FUN.





# FIND YOUR Y.



# **There's more to the Y than Summer Camp!**

## **Check out the great benefits of being a Y member.**

The Y is more than a gym – we are a cause committed to strengthening bodies, minds and communities. We are dedicated to building healthy, confident and secure children and families. Here, surrounded by friends as well as caring, knowledgeable staff, you can grow your spirit, mind and body in ways you never imagined.

At the heart of the Y lies the power to transform – both yourself and the world around you. From our exceptional fitness, sports and aquatics programs to our preschool to our fun family and community events, the Y offers an array of options to develop **A BETTER YOU!**

### **A YMCA membership allows you and your family to enjoy:**

- Discounted rates on programs like sports and swim lessons.
- State-of-the-art fitness centers and FREE fitness orientations.
  - Over 100 FREE weekly group exercise classes.
  - Supervised care of your child while you work out.
- Indoor and outdoor aquatic centers featuring water slides, splash pads, kiddie pool and pools for open swim and lap swim.
  - Athletic facilities including gymnasiums, racquetball courts and tennis courts.
  - Nationwide membership privileges at Ys throughout the country.
  - No long-term contracts.

The Y's scholarship program ensures that membership and programs are available to everyone in our service area regardless of their financial situation. This program is supported by contributions to our Annual Campaign through grants from local funders and direct donations. Applications are available at our locations and website.

For more information on becoming a Y member, please visit our website or stop by or call your local branch today!

## **YMCA OF CATAWBA VALLEY BRANCHES**

### **ADRIAN L SHUFORD JR YMCA**

1104 Conover Blvd E | Conover NC 28613  
828 464 6130 | [www.ymcacv.org](http://www.ymcacv.org)

### **HICKORY FOUNDATION YMCA**

701 1st Street NW | Hickory NC 28601  
828 324 2858 | [www.ymcacv.org](http://www.ymcacv.org)