



**2021-2022 SCHOOL CARE PROGRAM GUIDE**  
Serving Burke County Students K-12 years-old  
YMCA of Catawba Valley | [www.ymcacv.org](http://www.ymcacv.org)



# YMCA OF CATAWBA VALLEY

Serving Burke, Caldwell, and Catawba Counties for over 50 years



The YMCA of Catawba Valley was established in 1969 to strengthen our community through youth development, healthy living and social responsibility. The Y engages over 25,000 men, women and children each year - regardless of age, income or background - to nurture the potential of children and teens, improve the community's health and well-being and to provide opportunities to give back and support neighbors. The Y has the long-standing relationships and physical presence not just to promise, but to deliver, lasting personal and social change. The Y mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

# BACK TO SCHOOL WITH THE Y!

Thank you for choosing the Y! We are excited about the opportunity to be a part of you and your child's lives this school year. It is our aim to run a high-quality program that is not only safe, but provides opportunities for children to have fun, be active, enhance education, explore new interests, and build relationships.

For our returning families, welcome back! Thank you for choosing the Y to serve you and your family. To our new families, we welcome you to what we hope will be the first of many years together. As you navigate the waters of YMCA programs, please feel free to ask questions; we will do our best to provide assistance as soon as possible. Relationships are at the core of the Y, and we strive to strengthen relationships between children, parents, and our staff in everything we do.

In this guide, you will find information regarding the locations and services we're offering throughout the year. If your child attends a school that is not listed, please let us know and we will do our best to see if there is still a way to serve your family this school year. As we all know, this past year has challenged us in many ways, but one thing that remained true was our ability to adapt quickly and still provide safe and effective childcare programs. As one of the nation's leading childcare providers, we will operate in a safe, yet effective manner that allows children to learn, grow, and thrive in our programs. Please take time to browse this guide, check out our offerings, and visit our website at <https://www.ymcacv.org/ymca-afterschool.php> to find out more. The majority of your questions will be found in this guide or on our website. We encourage you to register early since we anticipate our programming will fill to capacity. We are very excited to see you this school year and hope you are ready to experience the best school year yet!

Youth Services Staff  
YMCA of Catawba Valley

## REGISTRATION

Registration is now open! School Care programming can and will fill up and we recommend you sign up as soon as possible! For your convenience, weekly fees are automatically drafted on the Friday before the week of care. There is a one-time, non-refundable and non-transferable \$20 registration fee due when you register. Registration and weekly fees are due the Friday before the week your child attends to allow us to ensure proper staffing, supplies, snacks, and an age-appropriate schedule for those in attendance. You can choose to register online at [www.ymcacv.org](http://www.ymcacv.org) (preferred) or at each schools open house event scheduled in August.

## FUN FOR EVERYONE

At the Y, we think fun, new friends, positive role models and great times should be available to every child. That's why we provide scholarships to families who need help making School Care programming a reality.

If your family needs a little help to make School Care programming happen, scholarship forms are available online at [www.ymcacv.org/ymca-afterschool.php](http://www.ymcacv.org/ymca-afterschool.php) and are kept completely confidential. For more information please contact Guadalupe Dominguez at [guadalupe@ymcacv.org](mailto:guadalupe@ymcacv.org).

Funds are made possible through generous donations to our Annual Giving Campaign. You can help provide School Care programming for families by visiting our website and making a tax-deductible online gift or by submitting a donation at a YMCA near you.

## YOU'RE IN GOOD HANDS

Staff, as role models, are selected for sound judgment, maturity, experience, enthusiasm, and creativity. All staff are interviewed and go through a complete background check prior to being hired. Training occurs before the school year and throughout the program to ensure attention to detail. All staff are certified in CPR & First Aid.

Our programs focus on encouraging character growth through care, honesty, respect, responsibility, and faith. You can be sure that our Y staff is committed to developing these traits through our Back to School program activities, and that all activity areas are well supervised.

Our average staff to student ratio is 1:10 and no more than 1:15. By selecting our School Care programming, you are investing in a safe, fun, educational, and memorable experience for your child.





# 2021-2022 YMCA SCHOOL CARE LOCATIONS & OFFERINGS

## Drexel Elementary

- ◆ Before School
- ◆ After School
- ◆ School's Out Camp

## Hildebran Elementary

- ◆ Before School
- ◆ After School
- ◆ School's Out Camp
- ◆ Includes students from Icard Elementary and George Hildebrand Elementary

## Mountain View Elementary

- ◆ Before School
- ◆ After School
- ◆ School's Out Camp
- ◆ Includes students from Forest Hill Elementary, Hillcrest Elementary, and Oak Hill Elementary

## New Dimensions Charter School

- ◆ Before School
- ◆ After School
- ◆ School's Out Camp

## Ray Childers Elementary

- ◆ Before School
- ◆ After School
- ◆ School's Out Camp

## Salem Elementary

- ◆ Before School
- ◆ After School
- ◆ School's Out Camp
- ◆ Includes students from Mull Elementary

## Valdese Elementary

- ◆ Before School
- ◆ After School
- ◆ School's Out Camp

## WA Young Elementary

- ◆ Before School
- ◆ After School
- ◆ School's Out Camp
- ◆ Includes students from Glen Alpine Elementary

## CONTACT INFORMATION

If your question is not answered in this packet, please contact the individuals listed below for more information.

### Registration:

Guadalupe Dominguez  
Childcare Administrator  
guadaluped@ymcacv.org

### General Program:

Erica Simmons  
Senior Program Director of Childcare  
ericas@ymcacv.org

### YMCA of Catawba Valley

701 1st St NW | Hickory NC 28601  
828 324 9622 | [www.ymcacv.org](http://www.ymcacv.org)



\*All sites and offerings are subject to change based on enrollment

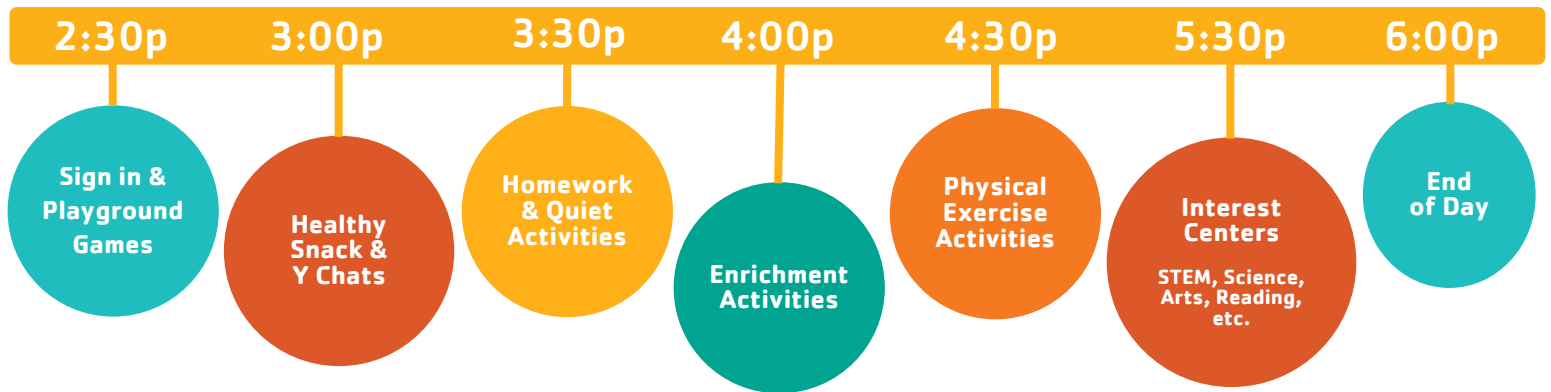
\*\*School's Out Camp includes Teacher Workdays, Vacation Days, and Holidays

## DAILY LOGISTICS

Our School Care Programs operate every day that your child's school is in session. At the end of the school day, depending on the school, students either remain at their school for Afterschool under the care of Y staff or a bus transports them to their appropriate Afterschool location.

Before School operates from 6:00am-7:30am and After School operates from the end of the school day until 6:00pm. All students must be picked up by 6:00pm by their guardian(s) or any additional person listed on their pick-up form. Students who are picked up late will be charged \$5 for every ten minutes that they are late.

### Sample Afterschool Day (times & activities may vary by location)

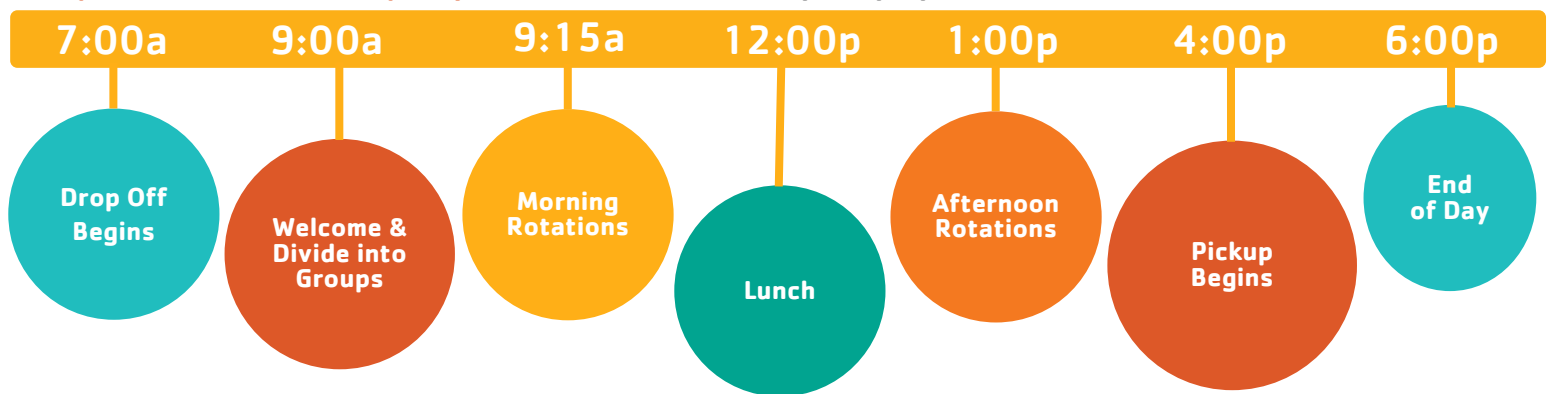


## HOLIDAYS & TEACHER WORK DAYS

When school is out, the Y is in! During School's Out Camp, children have the opportunity to come to the various locations for a full day of activities where children will learn new sports and games, create arts and crafts, develop good sportsmanship, be a part of a team, build new friendships, swim, learn to be healthy, and much more! YMCA locations and dates are determined by the school calendar and schools we serve. Please be extra cognizant as you sign up for these days and make note of which location you are registering your child to attend.

Registration is separate from Before and Afterschool. Locations can fill to capacity so we encourage you to register now for all dates you need; please register no later than five business days in advance so that we can ensure proper staffing, supplies, food, and a fun-filled schedule.

### Sample School's Out Camp Day (times & activities may vary by location)



# YMCA SCHOOL AGE PROGRAMS

## Serving students K-12 years-old

With a focus on safety, health, social growth, physical education, and academic enhancement, YMCA School Age Programs serve elementary students with a variety of activity options to enhance your child's confidence, enrich their social and physical development, explore and develop interests and talents, and encourage self-expression.

Children are given the opportunity to partake in a variety of physical activities, including sports, team building, outside play, group exercise, STEM activities, read-alouds, and more. At After School, we offer a healthy snack and provide a minimum of 30 minutes of structured homework help and 30 minutes of physical activity each day. The Y Afterschool program follows Healthy Eating and Physical Activity (HEPA) standards and takes pride in promoting a healthier lifestyle by engaging children in their well being of spirit, mind, and body. The Y Afterschool program is grounded on the character development traits of caring, honesty, respect, responsibility and faith.



Scan the QR Code with your smartphone and **REGISTER NOW!**

### 2021-2022 School Age Program Fees

<b>One-time Registration Fee</b>	<b>\$20</b>
<b>Weekly School Care Fees</b>	<b>Before-School Only: \$25 After-School Only: \$40 Before and After School: \$50</b>
<b>Half Days</b>	<b>Included in program fees</b>

### 2021-2022 Holiday & Teacher Workday Fees

<b>Registration Fee (if not enrolled in Before or After School)</b>	<b>\$20</b>
<b>Daily Fee</b>	<b>\$25</b>

The program will be closed Sep 6, Nov 25, Nov 26, Dec 23, Dec 24, Dec 30, Dec 31, Apr 15, and May 30.





"My girls made wonderful friends and learned how to help each other. They enjoyed working with the younger kids."

-Y Parent



"My son is learning to stay active. He has become more self confident and has taken on new things."

-Y Parent



"My daughter is already looking forward to becoming an LIT (Leader-In-Training), and she is only 9 years old!"

-Y Parent



"My child knew no one and had never played soccer. This program totally gave him confidence and a good feeling about himself. Thank you!"

-Y Parent



"Afterschool has been a great experience for our family, and we are so thankful that our child can now experience the Y."

-Y Parent





**Drexel Elementary School**



**Hildebran Elementary School**



**Mountain View Elementary School**



**New Dimensions Charter School**



**Ray Childers Elementary School**



**Salem Elementary School**



**Valdese Elementary School**



**WA Young Elementary School**

