



SPLASH & DASH



Sunday, October 3 | Begins at 8am
Hickory Foundation YMCA
Indoor Pool | Outdoor Track

7-9 year-olds
100-yard Swim
1K Run

10-12 year-olds
200-yard Swim
2K Run

Registration Deadline: September 26
Registration Fee: \$15 YMCA Member | \$20 Non-Member
(includes t-shirt)

CONTACT INFORMATION
Rachel Heck | Wellness Director
rachelh@ymcacv.org

HICKORY FOUNDATION YMCA
701 1st St NW | Hickory NC 28601
828 324 2858 | www.ymcacv.org

2021 Splash & Dash Registration Form

Child's Name: _____ DOB: ____ / ____ / ____ Age: ____

Child's Shirt Size: YS YM YL AS AM AL AXL

Address: _____ City: _____ Zip: _____

Parent/Guardian Name: _____ DOB: ____ / ____ / ____

Email Address: _____ Phone: _____

Parent/Guardian Name: _____ DOB: ____ / ____ / ____

Email Address: _____ Phone: _____

PARTICIPANT WAIVER

I hereby certify that my child is in normal health and capable of safe participation in this YMCA activity. I do acknowledge the risk of injury and/or illness associated with participation. I agree to waive all claims, and hold harmless the YMCA of Catawba Valley staff, volunteers, and sponsors. In the event that I cannot be reached to make arrangements for emergency medical attention at the time of illness or accident, I hereby authorize the YMCA to transport my child to the nearest medical facility for treatment deemed necessary.

I give permission to have mine or my child's photo or video legally taken for YMCA publicity purposes without repayment.

By signing below, I indicate that I have read and understand the above information.

Parent/Guardian Signature: _____ Date: _____

