



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LIFEGUARD

# CERTIFICATION

# COURSE

**BECOME  
A LIFEGUARD  
REGISTER TODAY!**



## PREREQUISITES:

- Must be 16 years or older by the last day of Lifeguard Certification class. (If under 18 must have parental consent)
- Able to tread water for 2 minutes using only your legs
- Swim continuously for 500-yds

## TO RECEIVE A LIFEGUARD CERTIFICATION A CANDIDATE MUST:

- Attend 100% of all class sessions
- Arrive on time for all class & pool sessions
- Participate 100% in all sessions
- Pass written and skills tests
- Demonstrate maturity, respect and responsibility

## For More Info Contact

Logan Taylor; Aquatics Director  
Adrian L. Shuford Jr. YMCA  
1104 Conover Blvd. East  
Conover, NC 28613  
828-464-6130 | [logant@ymcacv.org](mailto:logant@ymcacv.org)

**COURSE FEE: Members \$180 Program Participants \$200**

**For Class Calendar Please Proceed To The Back**

# Lifeguard Class Registration Instructions

1. Visit [www.yexchange.org](http://www.yexchange.org)
2. Create an account or log in.
3. Click on 'Home' & then click on the Learning Career & Development Center (LCDC) page
4. Search either location to find the available classes
  - Lifeguard V6 (For first time lifeguards)
  - Lifeguard Crossover V6 (All recerts & crossovers)
5. Select the class which you wish to register for then scroll to the bottom & click on 'Register for this class'
6. Print out the Confirmation Page & bring payment to complete your registration

## 2021 Lifeguard Class Calendar

Registration Date	Class Week	Days	Location
Mon Jan. 18th - Thurs Mar. 11th	Fri Mar. 12th - Sun Mar. 14th	Fri, Sat, Sun	Adrian L. Shuford Jr. Y Community Center
Mon Mar. 8th - Thurs Apr. 22nd	Fri Apr. 23rd - Sun Apr. 25th	Fri, Sat, Sun	Adrian L. Shuford Jr. Y Community Center
Mon May 3rd - Thurs May 20th	Fri May 21st - Sun May 23rd	Fri, Sat, Sun	Adrian L. Shuford Jr. Y Community Center
Mon May 7th - Thurs June 3rd	Fri June 4th - Sun Jun. 6th	Fri, Sat, Sun	Adrian L. Shuford Jr. Y Community Center
Mon Sep. 27th - Thurs Dec. 16th	Fri Dec. 17th - Sun Dec. 19th	Fri, Sat, Sun	Adrian L. Shuford Jr. Y Community Center

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