



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

5/14/2021

Gov. Roy Cooper has lifted the state's restrictions on social distancing, capacity limits, mass gatherings, and most mandatory mask requirements. Fully vaccinated people are no longer required to wear masks indoors in most settings.

Effective immediately, the YMCA of Catawba Valley no longer requires fully vaccinated members and program participants to wear masks inside our fitness facilities. Proof of vaccination is not required. Partially vaccinated and unvaccinated people should continue to wear a mask and keep their distance to protect themselves and others.

Masks and social distancing continue to be required indoors for staff and participants in childcare settings, afterschool sites, and day camps. Staff in childcare settings will continue to wear a mask until further public health guidance is issued.

Health screenings are no longer required for adults in centers. We will continue to check temperatures in childcare settings.

YMCA staff & members who are fully vaccinated can stop wearing a mask and social distancing. We strongly encourage unvaccinated staff and members to get their shots as soon as possible. Please consult your healthcare provider and the CDC for more information about vaccines, masks, and other COVID-19 protective measures.

Thanks to your diligence about following all public health guidance during the pandemic, we have had no COVID-19 outbreaks associated with our facilities or programs. As we enter this next phase, I am confident that you will continue to follow the Y's core values of caring, honesty, respect, and responsibility to protect yourself and others.

We will continue to update you about our COVID-related protocols as more information becomes available.

Thank you for your incredible strength and determination during this crisis. We aren't out of the woods yet, but the light is getting brighter and more hope is ahead.