



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NC Executive Order 180 Statement 11/24/20

Our YMCA is committed to the health and safety of our members, staff and community. On November 23, Governor Cooper announced stricter mask requirements to slow the spread of COVID-19. Beginning Wednesday, November 25, masks will be required at all times inside YMCA facilities, including while exercising. Wearing a mask not only keeps our friends and family safe, it is critical to keeping our YMCA open. We appreciate your support.

We are working hard to keep your Y clean and safe. See below to learn more about our efforts and what you should do to prepare for your visit. Thank you for doing your part to stop the spread. Most of all, thank you for being a part of the YMCA.

FREQUENTLY ASKED QUESTIONS

WHAT SHOULD I BRING?

- Everyone 5 and older must wear a face mask at all times when visiting the Y. Exceptions include: when in the swimming pool.
- Bring your own mat and workout towel each visit.
- Bring a filled water bottle; drinking fountains will not be available.

WHAT SHOULD I EXPECT?

- We practice the 3Ws (WAIT. WASH. WEAR). We **wait** 6 feet apart, we **wash** our hands (and provide hand sanitizer throughout the facility), and we **wear** face coverings over our nose and mouth at all times.
- Areas will operate at 30% of the stated fire capacity.
- Members and employees are asked to not come to the Y if they are displaying symptoms of being ill, have a fever of above 100 degrees, or have been exposed to anyone with a positive COVID-19 diagnosis.
- Members are asked to wipe down equipment before and after each use.
- Equipment has been spaced out, moved to other areas, or marked out of use to allow for proper distancing.
- Group exercise classes will take place in the gymnasium to allow for more space between participants.
- Enhanced cleaning procedures –
 - We have implemented the latest cleaning protocols from the CDC using our EPA-registered solutions.
 - Areas of our facilities will have brief closures throughout the day for cleaning.
 - We have adjusted our air handling units to ensure an even higher turnover of fresh air into our branches.