



HICKORY FOUNDATION YMCA

701 1st Street NW, Hickory NC 28601
 (828) 324-2858 | www.ymcacv.org

HOURS OF OPERATION

Monday–Thursday 5:00a–8:30p
 Friday 5:00a–7:30p
 Saturday 8:00a–4:30p
 Sunday 1:00p–4:30p

SWIM PLAY LEARN

BOBBY CAVANAUGH

Aquatics Director

P (828) 324-2858 E bobbyc@ymcacv.org



2018 Indoor Pool Schedule: June 11th – August 26th

	OPEN/FAMILY SWIM (#)	LAP SWIM (#)	WATER FITNESS	CHILD CARE LESSONS	YSST/ HS SWIM TEAM PRACTICES	ADULT FITNESS/ MASTER PRACTICES	SWIM LESSONS (#)	POOL PARTIES	PARENT'S NIGHT OUT
MON	11:00a-5:30p (3) 7:30p-8:30p (2)	5:00a-6:45a (4) 7:00a-9:00a (1) 10:00a-5:30p (4) 7:30p-8:30p (6)	10:00a-11:00a(4)	10:00a-11:00a SPLASH PARK	YSST 9:00a-10:00a	5:30a-6:45a(4)	5:30p-7:30p		
TUE	11:30a-12:00p(3) 12:00p-1:00p(1) 1:00p-5:30p(2) 7:30p-8:30p(1)	5:00a-6:45a (4) 7:00a-12:00p (4) 12:00p-1:00p (3) 1:00p-5:30p (6) 7:30p-8:30p (6)	10:15a-11:15a(4)		YSST 9:00a-10:00a	6:30a-7:30a(4) 12:00p-1:00p(4)	5:30p-7:30p		
WED	11:00a-5:30p (3) 7:30p-8:30p (1)	5:00a-6:45a (4) 7:00a-9:00a (1) 10:00a-5:30p (4) 7:30p-8:30p (6)	10:00a-11:00a(4)	10:00a-11:00a SPLASH PARK	YSST 9:00a-10:00a	5:30a-6:45a(4)	5:30p-7:30p		
THU	11:30a-12:00p(3) 12:00p-1:00p(1) 1:00p-5:30p(2) 7:30p-8:30p(1)	5:00a-6:45a (4) 7:00a-12:00p (4) 12:00p-1:00p (3) 1:00p-5:30p (6) 7:30p-8:30p (6)	10:15a-11:15a(4)		YSST 9:00a-10:00a	6:30a-7:30a(4) 12:00p-1:00p(4)	5:30p-7:30p		
FRI	11:00a-7:30p (3)	5:00a-6:45a (4) 7:00a-7:30p (5)	10:00a-11:00a(4) OUTDOOR POOL	10:00a-11:00a SPLASH PARK	YSST 9:00a-10:00a	5:30a-6:45a(4)	No Lessons		6:30p-8:00p
SAT	1:00p-4:30p (2)	8:00a-9:00a(3) 12:30p-4:30p(6)			8:00a-10:00a(5)	6:15a-8:00a	No Lessons	1:30p-3:30p(2)	
SUN	1:00p-4:30p (3)	1:00p-4:30p(5)					No Lessons	2:00p-4:00p(2)	

(#) = Available lanes & subject to change without notice.
 Pool always closes 30 minutes prior to the facility closing.

Swim Test: If you are under 18 years of age you must pass a swim test to swim in the deep end of the pool

***Reservations required for pool parties**

Pool Area Guidelines:

- All children under the age of 12 must be accompanied by an Adult in the water and/or deck at all times.
- To swim without a parent or guardian, children must be 12 years of age or older OR able to pass the deep swim test.
- Whirlpool can only be used if you are 14 years of age OR older.
- Sauna can be only be used if you are 16 years of age OR older. If you are 14 or 15 years of age you must be accompanied by an Adult (18 years of age)

OUTDOOR POOL

LAST DAY, September 3rd, 2018

11:00 AM - 5:00 PM