



21ST ANNUAL TURKEY TROT

Saturday, November 20th
HICKORY FOUNDATION YMCA

The Hickory Foundation YMCA hosts many events each year to bring the community together. Proceeds from this race help the Y carry out its Mission to provide programs that build a healthy spirit, mind and body to make Hickory a stronger community. Your race entry fee will help to continue this support in our community.

WHEN

- **Packet Pickup:** Friday, November 19th
- **Race Day Registration** 7:00am-8:00am
- **Youth Fun Run Start Time:** 8:30am
- **10K Start Time:** 9:00am
- **5K Start Time:** 9:05am
- **Awards Ceremony:** 11:00am*
- To be guaranteed a t-shirt in your size on race day, you must register by **November 12**

WHERE

The Youth Fun Run will be held at the Hickory Foundation YMCA outdoor track. Maps will be provided for the 5K/10K Run/Walk. The Awards Ceremony will be held at the C.O. Miller Teen Center.

*COVID-19 DETAILS

If necessary, race information is subject to change due to NC COVID-19 guidelines and will be communicated in a timely manner. Registration fees are non-refundable and we offer a virtual "phantom runner" option for this exciting event.

CONTACT

Lala Kozischek | Corporate Wellness Director | lalak@ymcav.org
Rachel Heck | Hickory Wellness Director | rachelh@ymcav.org

REGISTRATION FEE YOUTH Fun Run/5k/10k

\$15 Ages 1-12 *No added discounts
August 12—November 20

REGISTRATION 5k/10k

Early Registration \$25/\$30
August 12 - September 12

Race Registration \$30/\$35
September 13- November 14

Late Registration \$40/\$45
November 15- Race Day

*Phantom Runner \$25

August 12—November 20

*Race t-shirt included in phantom registration fee

RECOGNITION

Overall

A turkey and trophy will be awarded to the top male & female in the 5K & 10K

5K & 10K

Medals will be awarded to the top 3 finishers in each gender and age division

Register Online at:
www.TurkeyTrot.ymcav.org

