



CELEBRATING
50 YEARS
OF A COMMUNITY FIT
1969 2019

19TH ANNUAL TURKEY TROT

**GROUP
REGISTRATION**

Register Online at:
www.TurkeyTrot.ymcacv.org

Saturday, November 23, 2019
HICKORY FOUNDATION YMCA

CREATING & JOINING A TEAM

A designated team captain will create and register the team at www.runsignup.com/HickoryYMCATurkeyTrot. Once the team is created the Team Captain will need to contact Naomi Mitchell for the coupon code to receive the discount and give to team members. Instructions on how team members can join a team can be found on our website at www.TurkeyTrot.ymcacv.org.

WHEN

- **Packet Pickup:** Thursday, November 21 | 3-6pm | Teen Center (Team Captain picks up all packets for group)
- **Race Day:** Saturday, November 23
- **10K Start Time:** 9:00am
- **5K Start Time:** 9:05am
- **Awards Ceremony:** 11:00am | Teen Center

GROUP REGISTRATION FEE

5K / 10K

\$15 Group rate of 10 or more (Online Registration Only)

GROUP REGISTRATION INFO

Group Registration ends Sunday, November 17

***Must register by October 28th to guarantee a shirt.**

RECOGNITION

Overall

A turkey and trophy will be awarded to the top male & female in each race

5K & 10K

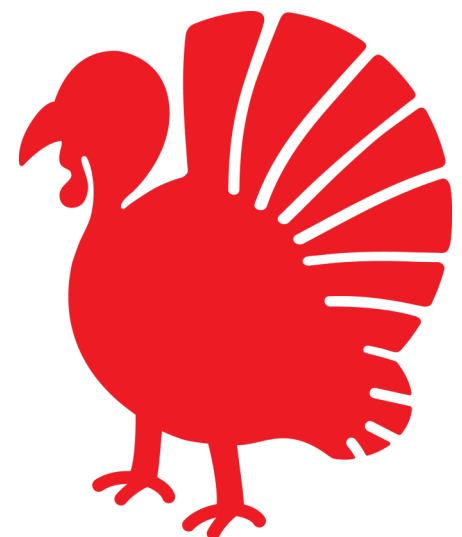
Medals will be awarded to the top 3 finishers in each gender and age division

CONTACT

Naomi Mitchell | Wellness Director | naomim@ymcacv.org

HICKORY FOUNDATION YMCA

701 1st St NW | Hickory NC 28601
828 324 2858 | www.ymcacv.org



**Ask for details about the YMCA
Corporate Cup, School Spirit Cup
and Faithful Followers Cup.**

GROUP REGISTRATION FORM

Registration is non-refundable

REGISTER ONLINE | www.TurkeyTrot.ymcacv.org

Contact person must confirm information for all participants prior to submission

\$5 discount per participant with a minimum of 10 participants

For more participants, please attach a separate list with this registration

Group Name

Contact Person

Contact Person Email

Contact Person Phone

WAIVER OF LIABILITY: I fully assume and understand the risks of participating in an open course run including death or injury due to vehicles, falls, collisions with other participants or spectators, actions by hostile humans or animals, uneven pavement, obstructions, adverse weather, sudden illness and all other risks. I attest that I am physically fit to participate. I authorize run officials to provide medical attention at my expense should I appear in need. For injuries I sustain, including death, I agree to save and hold harmless the YMCA of Catawba Valley, City of Hickory, local government, law enforcement personnel, volunteers, event staff, suppliers, contractors and anyone else connected with the organization of this event, from any claim or lawsuit that may be brought at any time by me, my family, estate, heirs or assigns, arising from my participation in this event or the instruction I received.

WAIVER FOR PUBLICITY: I agree that images taken of me during this event may be used in any legal manner without payment to me. I have read and understand the terms of this document. I make this agreement and pay my entry fee in exchange for the privilege of participating under the conditions of the event.

Name (Last, First)	Age	Gender <input type="checkbox"/> M <input type="checkbox"/> F	Phone	DOB	Signature in Agreement with Waiver
	Race <input type="checkbox"/> 5K <input type="checkbox"/> 10K	Email		Shirt Size (YS-YL, AS-AXXL)	
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