



ADRIAN L SHUFORD JR YMCA

1104 Conover BLVD East, Conover 28613
(828) 464-6130 | www.ymcacv.org

HOURS OF OPERATION

Monday–Thursday 5:30a–8:30p
Friday 5:30a–7:30p
Saturday 8:00a–4:30p
Sunday 1:00p–4:30p



LOGAN TAYLOR | Aquatics Director
(828) 464-6130 | logant@ymcacv.org



Indoor Pool Schedule: January 1st – February 10th, 2019

	OPEN/FAMILY SWIM	LAP SWIM	WATER FITNESS	CHILD CARE LESSONS	PARENT'S NIGHT OUT	SWIM LESSONS	POOL PARTIES	HIGH SCHOOL SWIM TEAM	SPLASH PAD HOURS
MON	5:30a-8:30a (3) 11:00a-1:00p (3) 2:00p-3:00p (4) 7:00p-8:30p (2)	5:30a-8:30a (3) 8:30a-10:00a (1) 11:00a-1:00p(3) 1:00p-4:00p(3) 7:00p-8:30p(1)	8:30a-9:30a(5) 10:00a-11:00(6) 1:00p-2:00p(4) 6:00p-7:00p(4)			5:00p-6:30p(4)		3:00p-4:00p(3) 4:00p-5:00p(6) 5:00p-6:00p(3) 7:00-8:30(3)	OPEN MEMORIAL DAY 2019
TUE	5:30a-9:00a (3) 11:30a-1:00p (3) 2:00p-3:00p (4) 7:00p-8:30p (2)	5:00a-7:30a (4) 8:00a-11:00a (2) 11:00a-1:00p(3) 1:00p-4:00p(3) 7:00p-8:30p (2)	6:00p-7:00p(4)	9:00a-11:00a(4)		5:00p-6:00p(4)		3:00p-4:00p(3) 4:00p-5:00p(6) 5:00p-6:00p(3) 7:00-8:30(3)	OPEN MEMORIAL DAY 2019
WED	5:30a-8:30a (3) 11:00a-1:00p (3) 2:00p-3:00p (4) 7:00p-8:30p (2)	5:30a-8:30a (3) 8:30a-10:00a (1) 11:00a-1:00p(3) 1:00p-4:00p(3) 7:15p-8:30p(1)	8:30a-9:30a(5) 10:00a-11:00(6) 1:00p-2:00p(4) 6:00p-7:00p(4)			5:00p-6:30p(4)		3:00p-4:00p(3) 4:00p-5:00p(6) 5:00p-6:00p(3) 7:00-8:30(3)	OPEN MEMORIAL DAY 2019
THU	5:30a-9:00a (3) 11:30a-1:00p (3) 2:00p-3:00p (4) 7:00p-8:30p (2)	5:00a-7:30a (4) 8:00a-11:00a (2) 11:00a-1:00p(3) 1:00p-4:00p(3) 7:00p-8:30p (1)		9:00a-11:00a(4)		5:00p-6:00p(4)		3:00p-4:00p(3) 4:00p-5:00p(6) 5:00p-6:00p(3) 7:00-8:30(3)	OPEN MEMORIAL DAY 2019
FRI	5:30a-8:30a (3) 11:00a-1:00p (3) 2:00p-3:00p (4) 5:30p-7:30p (4)	5:30a-8:30a (3) 8:30a-10:00a (1) 11:00a-1:00p(2) 1:00p-4:00p(2) 5:30p-7:30p(2)	8:30a-9:30a(5) 10:00a-11:00(6) 1:00p-2:00p(4)		6:30p-8:00p(4)			3:00p-4:00p(3) 4:00p-5:00p(6) 5:00p-6:00p(3) 7:00-8:30(3)	OPEN MEMORIAL DAY 2019
SAT	12:00p-4:30p (2)	8:00a-9:00a(2) 9:00a-12:00p(1) 12:00p-4:30p(2)				9:00a-12:00p(5)	12:00p-2:00(2) 2:00p-4:30p(2)		OPEN MEMORIAL DAY 2019
SUN	1:00p-4:30p (2)	1:00p-4:30p(3)					1:00p-4:30p(2)		OPEN MEMORIAL DAY 2019

**(#) = Available lanes & subject to change without notice.
Pool always closes 30 minutes prior to the building hours**

Swim Test: If you are under 18 years of age you must pass a swim test to swim in the deep end of the pool

Pool Area Guidelines:

- All children under the age of 12 must be accompanied by an Adult in the water and/or deck at all times.
- To swim without a parent or guardian, children must be 12 years of age or older OR able to pass the deep swim test.
- Whirlpool can only be used if you are 18years of age OR older.

Private Lessons reserve the right to use lap lanes during all times. * NO lap/ open swim lanes between 5:00-6:30pm.*