



Share the Love!

The first 50 YMCA Members who workout at the Y 14 times during February will receive a long sleeve red special edition YMCA t-shirt

Name: _____
Email: _____
Phone: _____

Members must have a YMCA staff member initial box after each visit.
Members must keep up with log throughout the month and turn into the front desk staff upon completion to claim t-shirt.
One workout per day

Day 1	Day 2	Day 3	Day 4
Day 5	Day 6	Day 7	Day 8
Day 9	Day 10	Day 11	Day 13
		Day 12	Day 14



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