

## Enrollment

There are 2 ways to enroll:

1. Nominated by teachers, advisors, coaches, youth leaders, pastors, past leaders, or other non-related individuals. Nomination forms can be found online or at the C.O. Miller Teen Center. Nominators may also email the Teen Director, Alysse Dambach, at [alysse@ymcav.org](mailto:alysse@ymcav.org) a letter of recommendation with the teen contact information.
2. Submit an application to become a leader. Applications can be found online or picked up at the C.O. Miller Teen Center. Applications must be turned into the Teen Director, Alysse Dambach, for review. Accepted leaders will be contacted with meeting information.



## Questions & Answers

### WHAT IS LEADERS CLUB ?

Leaders Club is, technically, a group of 13-18 year-old trained volunteers who have the ability and desire to help and teach others. But it is so much more . . .

### LEADERS CLUB IS:

- An organization with a great history (finding its roots in 1885), and even greater influence
- About service . . . To the YMCA, to the community, and even to yourself
- Volunteering in youth sports and other YMCA programs
- Obtaining, using, and refining leadership skills for use at the YMCA, and in the future
- Personal skills - like working as part of a team, defending beliefs and taking part in experiences that will allow growth as a person
- Leadership Rallies - weekend retreats with other Leaders Clubs around the area
- Blue Ridge Leaders School - a unique one-week summer program in the mountains of North Carolina, where Leaders Clubs from across the Southeast come to share, learn, and grow as leaders and people.

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# Leaders Club



# The Program

**Leaders Club** emphasizes teamwork, physical fitness, leadership, volunteerism and fun! Certain requirements must be met during the school year to determine eligibility for a week-long conference at Blue Ridge Assembly in Black Mountain, NC.



Leaders Club is a national YMCA program that provides middle school and high school students with opportunities to receive leadership training that enhances social and emotional growth while teaching the importance of social responsibility and service to others.

## Meetings

- Thursdays throughout the school year
- From 6:30 to 7:30pm
- Contact the Teen Director, Alysse Dambach, at [alysse@ymcacv.org](mailto:alysse@ymcacv.org) for the schedule.

# Objectives

The main purpose of Leaders Club is to offer teens (ages 13-18) leadership development through YMCA health and physical education. By joining Leaders Club, you will:

- Gain experience through volunteering
- Serve the community
- Build your resume
- Strengthen your academics
- Form great friendships
- Achieve higher levels of physical fitness
- Enjoy social gatherings
- Become a role model for other kids and teens
- Have the opportunity to attend Blue Ridge Leaders School in Black Mountain, NC
- Most importantly - Have Fun!



## Criteria

- Must be staying active and fit
- Volunteer 10 hrs a month
- Maintain a 2.5 GPA school year to determine eligibility for a week-long conference at Blue Ridge Assembly in Black Mountain, N.C.

# Blue Ridge Leaders School



## Blue Ridge Leaders School

A unique one week summer program in the mountains of North Carolina, where Leaders Clubs from across the Southeast come to share, learn, and grow as leaders and people.

## Purpose

The purpose of Blue Ridge Leaders School is teen leadership development through YMCA health and physical education. Blue Ridge Leaders School is not a camp. Rather it is a physical education training school profoundly structured with high standards of Behavior, Physical Participation, and Individual Performance.

## Mission

The mission of Blue Ridge Leaders School is to provide youth and adults training in the principles and philosophy of YMCA physical education for the purpose of:

- Developing teaching and performance skills.
- Building self esteem and leadership qualities.
- Enhancing leadership training in the local association.
- Strengthening and demonstrating traditional Christian values that foster the essential unity of spirit, mind and body for all.