

Hickory Foundation YMCA

Youth Aerobic Classes May 2008

MONDAY	TUESDAY	WEDNESDAY	Thursday	Friday
Kids Mania (Camille/Alexa) 4:30 pm- 5:00 pm	Kids Mania (Camille/Alexa) 4:30 pm- 5:00 pm		Kids Mania (Camille/Alexa) 4:30 pm- 5:00 pm	

***Due to lack of participation, teen aerobic classes have been cancelled. Because we have had a great turn-out for Kid's Mania, another class has been added on Monday afternoons.**

MISSION STATEMENT: *To put Christian principles into practice through programs that build healthy spirit, mind and body for all.*