



HICKORY FOUNDATION YMCA SUPER SPORTS SCHEDULE



Ages 3-4

2008 SESSION B (MONDAYS)

MONDAY, March 3RD, 2008

5:30-6:15 Introduction 1) Name game
Dribbling 1) Straight lines 2) Through cones 3) Figure eights
Passing 1) In a circle 2) Back and forth
Throw-ins 1) Feet on ground 2) Arms over head

MONDAY, MARCH 10th

5:30-6:15 Dribbling 1) Through cones 2) in a circle
Passing 1) Between cones 2) Back and forth
Trapping 1) Control 2) Look up and pass
Shooting 1) Shoot to center 2) shoot to sides of goal

MONDAY, MARCH 17th

5:30-6:15 Dribbling 1) Keep-away 2) Obstacle course
Positions 1) Forward 2) Midfielder 3) Defense
(15 MINUTE GAMES) 1) Tigers vs. Bears 2) Mountaineers vs. Lions

HAPPY EASTER BREAK – MARCH 21-25TH

MONDAY, MARCH 31st

5:30-6:15 Trapping 1) Control 2) Look up and pass
(20 MINUTE GAMES) 1) Lions vs. Tigers 2) Mountaineers vs. Bears

MONDAY, APRIL 7th

5:30-6:15 Passing 1) In a circle 2) Give and go drill
Shooting 1) Shoot to center 2) Shoot to sides of goal
(25 MINUTE GAMES) 1) Mountaineers vs. Tigers 2) Bears vs. Lions

MONDAY, APRIL 14TH

(25 MINUTE GAMES) 1) Bears vs. Tigers 2) Lions vs. Mountaineers

MONDAY, APRIL 21ST

5:30-6:15 Shooting 1) Shoot to center 2) Shoot to sides of goal
(25 MINUTE GAMES) 1) Lions vs. Tigers 2) Bears vs. Mountaineers

MONDAY, APRIL 28th – AWARDS DAY

5:30-6:15 Positions 1) Forward 2) Midfielder 3) Defense
Throw-ins 1) Feet on ground 2) Arms over head 3) Scrimmage
(30 MINUTE GAMES) 1) Tigers vs. Mountaineers 2) Bears vs. Lions

TUESDAY, APRIL 29TH – RAINOUT DATE

ADDITIONAL INFORMATION:

- ✓ All practices and games will be on the smaller fields.
- ✓ Every player will receive an award on Awards Day.
- ✓ **On questionable weather days, call the YMCA Sports Hotline at 345-3002 after 4:30pm for weather/cancellation information.**



HICKORY FOUNDATION YMCA SUPER SPORTS SCHEDULE



Ages 3-4 years old 2008 SESSION A (SATURDAYS)

SATURDAY, MARCH 1ST

9:00-9:45 Introduction 1) Name game
 Dribbling 1) Straight lines 2) Through cones 3) Figure eights
 Passing 1) In a circle 2) Back and forth
 Throw-ins 1) Feet on ground 2) Arms over head

SATURDAY, MARCH 8TH

9:00-9:45 Dribbling 1) Through cones 2) in a circle
 Passing 1) Between cones 2) Back and forth
 Trapping 1) Control 2) Look up and pass
 Shooting 1) Shoot to center 2) shoot to sides of goal

SATURDAY, MARCH 15TH – SPORTS DAY ASK

9:00-9:45 Positions 1) Forward 2) Midfielder 3) Defense
 Throw-ins 1) Feet on ground 2) Arms over head

Happy Easter Break – March 21 – 25th

SATURDAY, MARCH 29TH

9:00-9:45 Dribbling 1) Keep-away 2) Obstacle course
 Positions 1) Forward 2) Midfielder 3) Defense

(10 Minute) 1) Lions vs. Cougars 2) Bears vs. Tornadoes 3) Hawks – Team scrimmage 4) Tigers vs. Wildcats

SATURDAY, APRIL 5TH

9:00-9:45 Passing 1) In a circle 2) Give and go drill
 Shooting 1) Shoot to center 2) Shoot to sides of goal

(15 MIN. Games) 1) Hawks vs Lions 2) Tornadoes vs. Cougars 3) Bears vs. Wildcats 4) Tigers – team scrimmage

SATURDAY, APRIL 12TH

9:00 – 9:45 PM Trapping 1) Control 2) Look up and pass

(20 MINUTE) 1) Hawks vs. Bears 2) Tornadoes-Team scrimmage 3) Cougars vs. Wildcats 4) Tigers vs. Lions

SATURDAY, APRIL 19TH

5:15-6:00 Shooting 1) Shoot to center 2) Shoot to sides of goal

(25 MINUTE) 1) Hawks vs. Wildcats 2) Bears-team scrimmage 3) Tornadoes vs. Lions 4) Tigers vs. Cougars

SATURDAY, APRIL 26TH – AWARDS DAY

(30 Minute Game) 1) Wildcats vs. Tornadoes 2) Lions – team scrimmage 3) Cougars vs. Bears 4) Tigers vs. Hawks

THURSDAY, MAY 1ST – RAINOUT DATE

ADDITIONAL INFORMATION:

- ✓ All practices and games will be on the small fields
- ✓ Every player will receive an award on Awards Day.
- ✓ On questionable weather days, call the YMCA Sports Hotline at 345-3002 after 8:30 am for weather/ cancellation information.

HICKORY FOUNDATION YMCA
2008 SPRING SOCCER
CO-ED 5-6 SCHEDULE

- | | |
|------------------------------|--------------------------------|
| A) STORM (Shea) | E) COUGARS (Weaver) |
| B) LIGHTNING (Lackey) | F) STRIKERS (Harbinson) |
| C) CYCLONES (Walter) | G) TORNADOES (Stewart) |
| D) LIZARDS (White) | H) WILDCATS (Nigrelli) |
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SATURDAY, MARCH 15 (1) – FAITH – SPORTS DAY ASK DAY!!!

- | | | |
|----------|---------|-----------|
| 11:00 AM | A vs. E | - Field 1 |
| 11:00 AM | F vs. H | - Field 2 |
| 12:00 PM | G vs. D | - Field 1 |
| 12:00 PM | B vs. C | - Field 2 |

HAPPY EASTER BREAK – MARCH 21-24TH

SATURDAY, MARCH 29TH (2) - HONESTY

- | | | |
|----------|---------|---|
| 11:00 AM | B vs. H | 1 |
| 11:00 AM | F vs. C | 2 |
| 12:00 PM | D vs. E | 1 |
| 12:00 PM | A vs. G | 2 |

THURSDAY, APRIL 3RD (3) -CARING

- | | | |
|---------|---------|---|
| 5:30 PM | E vs. B | 1 |
| 5:30 PM | D vs. H | 2 |
| 6:30 PM | A vs. C | 1 |
| 6:30 PM | G vs. F | 2 |

SATURDAY, APRIL 5TH -(4) (SPORTSMANSHIP)

- | | | |
|----------|---------|---------|
| 11:00 AM | A vs. H | Field 1 |
| 11:00 AM | C vs. D | Field 2 |
| 12:00 PM | B vs. G | Field 1 |
| 12:00 PM | E vs. F | Field 2 |

SATURDAY, APRIL 12TH (5) (RESPECT)

- | | |
|----------|---------|
| 11:00 AM | G vs. H |
| 11:00 AM | D vs. F |
| 12:00 PM | C vs. E |
| 12:00 PM | B vs. A |

NO PRACTICES AFTER APRIL 18TH (ALLOWS FOR WEEKDAY GAMES)

SATURDAY, APRIL 19TH (6) (RESPONSIBILITY)

- | | | |
|-----------------|----------------|----------|
| 11:00 AM | D vs. B | 1 |
| 11:00 AM | A vs. F | 2 |
| 12:00 PM | G vs. C | 1 |
| 12:00 PM | E vs. H | 2 |

THURSDAY, APRIL 24TH (7) (VALUES)

5:30 PM –	B vs. F	1
5:30 PM –	C vs. H	2
6:30 PM –	A vs. D	1
6:30 PM –	E vs. G	2

SATURDAY, APRIL 26TH (8) AWARDS DAY!!! (KINDNESS)

11:00 AM	A vs. E	1
11:00 AM	B vs. C	2
12:00 PM	G vs. D	1
12:00 PM	H vs. F	2

ADDITIONAL INFORMATION:

All parents and spectators should view the game from the sideline opposite the team bench. This will be strictly enforced rule!

No Parents, Spectators or Coaches are allowed behind the goals during any game. Only league officials are permitted in this area.

- ✓ Every player will receive an **AWARD** on Awards Day.
- ✓ **On questionable weather days, call the YMCA at 345-3002 after 4:30 weekdays & Saturdays at 8:30 am for cancellation information.**

HICKORY FOUNDATION YMCA
2008 SPRING SOCCER GIRLS 7-9 SCHEDULE

A) WILDCATS (WOHLBRUCK) C) STARS (JOHNSON/STUCKEY)
B) HAWKS (MELTON/RAMSEY) D) PANTHERS (HILTZ)

SATURDAY, MARCH 15 (1) – FAITH- SPORTS DAY ASK DAY!!!

10:00 AM A vs. C - Field 2
11:00 AM B vs. D - Field 2

HAPPY EASTER BREAK – MARCH 21-24TH

SATURDAY, MARCH 29TH (2) - HONESTY

10:00 AM B vs. C
11:00 AM D vs. A

TUESDAY, APRIL 1ST (3) -CARING

5:30 PM A vs. B
6:15 PM D vs. C

SATURDAY, APRIL 5TH - (4) (SPORTSMANSHIP)

10:00 AM C vs. A
11:00 AM D vs. B

SATURDAY, APRIL 12TH (5) (RESPECT)

10:00 AM C vs. B
11:00 AM A vs. D

NO PRACTICES AFTER APRIL 18TH (ALLOWS FOR WEEKDAY GAMES)

SATURDAY, APRIL 19TH (6) (RESPONSIBILITY)

10:00 AM B vs. A
11:00 AM C vs. D

TUESDAY, APRIL 22ND (7) (VALUES)

5:30 PM – A vs. C
6:15 PM – D vs. B

SATURDAY, APRIL 26TH (8) AWARDS DAY!!! (KINDNESS)

10:00 AM B vs. C
11:00 AM D vs. A

ADDITIONAL INFORMATION:

All parents and spectators should view the game from the sideline opposite the team bench. This will be strictly enforced rule!

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- ✓ Every player will receive an **AWARD** on Awards Day.
- ✓ On questionable weather days, call the YMCA at 345-3002 after 4:30 weekdays & Saturdays at 8:30 am for cancellation information.

HICKORY FOUNDATION YMCA
2008 SPRING SOCCER BOYS 7-9 SCHEDULE

A) **EAGLES** (Fallaw)
B) **MUSTANGS** (Coffey)
C) **STRIKERS** (Winn)
D) **HAWKS** (Walter)

E) **COUGARS** (Vierling)
F) **WILDCATS** (Fisher)
G) **RED BULLS** (Miller)
H) **BEARS** (Boston)

SATURDAY, MARCH 15 (1) – FAITH – SPORTS DAY ASK DAY !!!

10:00 AM A vs. E - Field 1
11:00 AM F vs. H - Field 1
12:00 PM B vs. C – Field 1
1:00 PM G vs. D – Field 1

HAPPY EASTER BREAK – MARCH 21-24TH

SATURDAY, MARCH 29TH (2) - HONESTY

10:00 AM B vs. H
11:00 AM F vs. C
12:00 PM D vs. E
1:00 PM A vs. G

TUESDAY, APRIL 1ST (3) -CARING

5:00 PM E vs. B
5:45 PM D vs. H
6:30 PM A vs. C
7:15 PM G vs. F

SATURDAY, APRIL 5TH - (4) (SPORTSMANSHIP)

10:00 AM C vs. D
11:00 AM A vs. H
12:00 PM B vs. G
1:00 PM E vs. F

SATURDAY, APRIL 12TH (5) (RESPECT)

10:00 AM G vs. H
11:00 AM D vs. F
12:00 PM C vs. E
1:00 PM B vs. A

NO PRACTICES AFTER APRIL 18TH (ALLOWS FOR WEEKDAY GAMES)

SATURDAY, APRIL 19TH (6) (RESPONSIBILITY)

10:00 AM D vs. B
11:00 AM A vs. F
12:00 PM G vs. C
1:00 PM E vs. H

TUESDAY, APRIL 22ND (7) (VALUES)

5:00 PM – E vs. B

5:45 PM – D vs. H

6:30 PM - C vs. A

7:15 PM – F vs. G

SATURDAY, APRIL 26TH (8) AWARDS DAY!!! (KINDNESS)

10:00 AM B vs. F

11:00 AM H vs. C

12:00 PM G vs. E

1:00 PM A vs. D

ADDITIONAL INFORMATION:

All parents and spectators should view the game from the sideline opposite the team bench. This will be strictly enforced rule!

No Parents, Spectators or Coaches are allowed behind the goals during any game. Only league officials are permitted in this area.

✓ Every player will receive an **AWARD** on Awards Day.

On questionable weather days, call the YMCA at 345-3002 after 4:30 weekdays & Saturdays at 8:30 am for cancellation information.



2008 YMCA OF CATAWBA VALLEY
CO-ED 10-13 SPRING SOCCER LEAGUE



(A) HURRICANES = MATEYUNAS
(B) GALAXY = McDONALD/HAMILTON

(C) MUSTANGS = CARTER
(D) STORM = IGLESIAS

(GAMES PLAYED ON FIELD #2 IN CONOVER AND FIELD #1 IN HICKORY)

SATURDAY, MARCH 15 @ HICKORY

12:00 A vs C
1:00 B vs D

Sports Day Ask Day – March 15th !!!

HAPPY EASTER BREAK MARCH 21-24TH

SATURDAY, MARCH 29 @ CONOVER

12:00 C vs B
1:00 A vs D

SATURDAY, APRIL 5TH @ HICKORY

12:00 B vs A
1:00 D vs C

SATURDAY, APRIL 12TH @ HICKORY

12:00 D vs B
1:00 C vs A

TUESDAY, APRIL 15TH @ CONOVER

5:45 D vs A
6:45 B vs C

SATURDAY, APRIL 19TH @ HICKORY

12:00 A vs B
1:00 C vs D

TUESDAY, APRIL 22ND @ CONOVER

5:45 A vs C
6:45 B vs D

SATURDAY, APRIL 26TH – Awards

12:00 B vs C - @ HICKORY YMCA
12:00 A vs D - @ CONOVER YMCA

MORE INFORMATION

- **All Parents and Spectators should view games from sidelines opposite team benches.**
- **No Parents, Spectators or Coaches are allowed behind the goals during any game. Only league officials are permitted in this area.**

SPORTS HOTLINE #: SHUFORD YMCA 345-3001 & HICKORY YMCA 345-3002 - IN THE EVENT OF BAD WEATHER ON A PRACTICE OR GAME DAY, PLEASE CALL THIS #. A DECISION WILL BE MADE BY 4:00pm THROUGH THE WEEK AND BY 8:30am ON SATURDAYS. IF THERE IS NO NEW MESSAGE, THEN ARRIVE AT THE FIELD AS SCHEDULED